SAS NEWS

OB-SAS WITH US

Since resuming activities with volunteers at the end of 2022, our residents have been having a blast with all the activities in store for them.

Here are some of the highlights we've had this year!

KOPI OUTING WITH ROTARY CLUB OF SINGAPORE WEST (RCSW)







On the first Thursday of each month, RCSW has helped to bring our residents to the nearby coffeeshop to enjoy some of the local delights. A hearty meal and friendly chat really helps to lift up their spirits. Even though this is a short outing, our residents are absolutely excited to be going out to have their favourite food. Mr Chew Loy Cheow, our Deputy President, is also a regular volunteer with this group.

MONTHLY BIRTHDAY CELEBRATION (APRIL)







We resumed our mass birthday celebrations this year, and for the month of April, we were very grateful to have a live band playing our residents' favourite hits and delicious treats!

A big thank you to our Audit Sub-Committee member, Mr Szeto Sebestian, for rallying support for this birthday celebration and bringing much cheer to our residents on their birthdays.

WEEKLY SUPPORT



Our volunteer, Jane, has been bringing boxes full of bread to us to support both our residents and staff! She has been doing this on a weekly basis and we can't express enough just how thankful we are to receive her support.

Thank you for considering our staff as well, it really helps to boost the morale at our Home!

GOOD SHEPHERD PRESCHOOLS GRANTING RESIDENTS' WISHES







Good Shepherd Preschools have been a friend to our residents through the years. Most recently, they granted the individual wish list of 80 of our residents to celebrate Easter. Needless to say, our residents were overjoyed to have their wishes fulfilled.

If you would like to fulfill some of our residents' wishes, you can find them on our website.

SEWING PROJECT: PAYA LEBAR CHINESE METHODIST CHURCH VOLUNTEER GROUP



Our volunteers from the nearby Paya Lebar Chinese Methodist Church have been a tremendous help with mending our residents' clothes!

They spent several afternoons patching up and mending tears, replacing buttons — giving a new lease of life to our residents worn out clothing. We are so grateful that they were able to salvage these clothes that would have otherwise gone to waste.

COLLABORATION WITH SPORT CARES & TEAM NILA







Sport Cares and Team Nila did a fantastic job organising games and performing for our residents.

Many of the games consisted of modified sports to engage their upper bodies. Basketball, fishing, bowling, darts were just some of the games they had. For the residents who are more inclined towards music, they thoroughly enjoyed the performance and karaoke session!

BATIK PAINTING WITH YOUTH CORP VOLUNTEERS







With the assistance of the Youth Corp volunteers, our artistic residents were able to intricately paint many beautiful batik art pieces! These session was both therapeutic for our residents and the young volunteers as they got to know each other over the course of this painting session.

These Batik art pieces will soon be displayed in our multi-purpose hall. Do check it out when you can!



OUR FRIENDS FROM THAILAND!







It was a pleasure to have Interact District 3350 Rotary International (Thailand) over to our Home to spend an afternoon with our residents. Despite the language barriers, friendships were formed over song, dance, games!, and a hearty Thai meal!

VOLUNTEERS NEEDED ON WEEKDAYS!



Are you looking to volunteer?

At our Home, our Rehab Team conducts activities with our residents every weekday. With your support as a volunteer, we will be able to engage more residents at a time! We do activities such as Modified Sports, Karaoke, Gardening, Karaoke, Arts & Craft, and Cooking!

If you would like to sign up, head on to the <u>volunteer page</u> on our website.

PHOTO BANK OF OUR JAN- APRIL HIGHLIGHTS

















55th Anniversary Celebration with staff and residents



Corporate Volunteers from Cathay United Bank



Student volunteers from various schools

UPCOMING EVENTS







NAGOMI ART EXHIBITION

20th May 2023

The Nagomi Art that our residents have been creating over these past few months will be on display at Kovan Hub.

Be sure visit the exhibition to view their art pieces.

PERFORMANCE BY THE TENG COMPANY

30th May 2023

The Teng Company will be gracing our premises so be sure to keep an ear out for their beautiful music when they come down to perform!

CELEBRATING NURSES' DAY!

1 AUG 2023

In the run up to Nurses' Day, we invite you to show your support and gratitude by contributing towards a care package for our nurses and support care staff.

Show that their efforts are much appreciated!