

# SAS NEWS

OB-SAS WITH US



## VESAK DAY BLESSINGS



We were so fortunate to have Dharma Drum Singapore (DDS) volunteers over at our home to celebrate Vesak Day belatedly with our buddhist residents - all 50 of them!

During the event, our residents participated in the traditional light offering and the bathing of the Buddha ritual. The atmosphere was filled with gratitude as the volunteers patiently guided each resident through the sacred ritual. Even our residents who are bedbound completed the ritual with their beds wheeled to the front of the hall.

It was a day that highlighted the beauty of community spirit and the impact of coming together to celebrate tradition and shared beliefs.

As we reflect on this wonderful event, we are reminded of the importance of inclusivity; ensuring that everyone, regardless of their circumstances, has a chance to participate.

We are truly grateful for the continued support from DDS and look forward to our monthly collaborations that enrich the lives of our residents.



Winning Hand Hygiene Day 2025 poster

### A Memorable Celebration for World Hand Hygiene Day!

Our nursing team showcased impressive performances and set up interactive booths, highlighting the significance of proper hand hygiene techniques in caring for our residents.

A standout moment was the poster design contest, where staff creativity shone through with the theme "Save Us with Hand Hygiene." The visually captivating posters effectively communicated the vital message of hand hygiene in preventing infections.

We take pride in our nursing team's commitment to ensuring the safety of both our residents and staff.

Let's make hand hygiene a priority and turn it into a daily habit!



## VOLUNTEERS WITH A HEART

We are incredibly grateful to our volunteers from Aardwolf Pestkare for coming down and spending a unique afternoon with our residents. Together, they had an enjoyable time playing games and meeting the most entertaining cockroach mascot, which brought about lots of laughter.

Our volunteers also gave an informative talk with interactive quizzes on how our residents can maintain a clean living environment free from pesky insects. We hope they walked away with valuable tips. If anyone is interested in conducting educational talks for our residents, please don't hesitate to reach out.

A special thank you to Aardwolf Pestkare for giving our fish tank a much needed spruce up. We are delighted to share that our fish are now thriving in a much happier habitat!



## OVERSEAS STAFF BONDING TRIP



At SAS, we recognise the importance of working as a cohesive and supportive team. To foster camaraderie and relaxation, we organised overseas trips to Johor Bahru and Genting for our staff. These trips provided a wonderful opportunity for staff to unwind and recharge in the company of one another.

We believe that team bonding activities like these play a vital role in strengthening our team's bond, deepening the understanding of one other and enhancing our work environment. By providing opportunities for staff to connect and have fun together, we aim to promote a sense of community and well-being.

We hope that everyone had a great time and enjoyed the chance to unwind with their colleagues!

## DUMPLINGS ALL AROUND

During the Dragon Boat Festival period, we had donors and volunteers bring in different varieties of dumplings to observe the tradition with our residents. The dumplings were paired with a celebration filled with exciting games, quizzes, and music.

We are incredibly grateful to our dedicated volunteers and generous donors who made this celebration possible. Your kindness and enthusiasm have truly enriched the lives of our residents, bringing smiles and fostering a sense of belonging. Here's to many more celebrations filled with joy and community spirit!

Thank you so much for welcoming the festivities into our Home with exciting performances and games, as well as bringing the taste of the occasion!



## MOTHER'S DAY BLOSSOMS



This Mother's Day we are celebrating the love, care and dedication of our female residents and staff, many of whom are mothers and grandmothers themselves.

Our team carried on the tradition of giving flowers to our female residents, bringing joy and warmth to their day. Many of them really enjoyed having a flower to decorate their bedside.

A big thank you to Sian Chay Medical Institution for their generous donation of flowers and chocolate cookies, which made this moment possible.

Donors that visited our home during this Mother's Day period also received hand crocheted flowers as a token of our appreciation. These flowers were prepared lovingly with the help of several residents as a symbol of gratitude and to spread the kindness gesture.

## 13 YEARS ANNIVERSARY!



If you ever hear our residents speak about someone named Betty, this is who she is. Betty is one of longest serving volunteer at SAS. It has been 13 years since she founded Betty's Fabulous Volunteers' Club. Her dedicated group comes down almost every Saturday to bring a variety of hawker food for our residents. It's no wonder that her name is always on the lips of our residents, as they eagerly anticipate what local delicacies she will bring for them each week.

Every time her anniversary comes around, she hosts a big party for our residents, which also happens to coincide with her birthday. This year, the theme is **colourful**! To match the theme, she gifted our residents with tops in a myriad of colours. Everyone had a whale of a time dancing and singing along to performances.

This year, Betty organised her own fundraiser and her volunteers also set up a flea market during the party. This June, they raised \$11k in support of renovations of the wards and facilities.

With her connections in the pageantry field, Betty also brought the candidates for this year's Miss Singapore and Manhunt to volunteer and create their own fundraisers to support our residents.

We cannot express how truly grateful we are for her countless contributions over the years.



## PHOTO BANK OF OUR APRIL - JUNE HIGHLIGHTS



*Volunteers from SG Helping Hands*



*Monthly Kopi Outing with Mrs Liew & group*



*Our newest furry volunteers!*



*Monthly visits from Woh Hup volunteers and Invitation to Senior Luncheon*



*Volunteers from AWS*

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 **SOCIETY FOR  
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No. 130 Hougang Avenue 1,  
Singapore 538900

[www.societyagedsick.org.sg](http://www.societyagedsick.org.sg)

## Contact

+65 6922 6222

[enquiry@societyagedsick.org.sg](mailto:enquiry@societyagedsick.org.sg)

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