## SOCIETY FOR THE AGED SICK

















## ANNUAL REPORT

FY 2024 - 2025

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#### **ABOUT US**

Society for the Aged Sick (SAS) is a not-for-profit Nursing Home with a licensed bed capacity of 407. The Home provides residential services to people in need of daily skilled nursing care and/or assistance in activities of daily living, and who cannot be cared for at home, particularly the less privileged.

We provide a range of services to meet the needs of our residents. They include medical care, nursing care, physiotherapy, occupational therapy, and dietary services.

Our social service team together with dedicated volunteers, also provide emotional support and organise activities.

#### **OUR HISTORY**

The history of our Home goes back to the year 1965, when two sisters, Ms Teresa Hsu and Ms Ursula Khow, founded the Home, then known as "Welfare Resthome". The Home was set up to care for the aged sick and destitute in the community. Ms Teresa Hsu took the helm as the first matron of the Home.

In 1968, management of the Home was taken over by Mr George Gray Thompson and a group of friends from the Rotary Club of Singapore. Together, they established Society for the Aged Sick to cater to the expansion of the Home.

In 2023, we celebrated our Home's 55th Anniversary. From humble beginnings, we are grateful for the overwhelming support from our community to help us keep our not-for-profit Nursing Home running. At present, the Home caters to nearly 400 residents who reside on our premises and are cared for by nursing and care staff round the clock.

#### **OUR MISSION AND VISION**

It is our sincere hope to continue the efforts started by our founders, Ms Teresa Hsu and Ms Ursula Khow, to provide care for those in need.

Our mission is to provide quality care to the aged sick in need as well as to help them lead a meaningful and enriching life.

Our vision is to add years of quality life to the elderly.

## OVERVIEW OF CHARITY

SAS was registered as a society on 14 February 1968

#### **REGISTERED ADDRESS**

130 Hougang Avenue 1, Singapore 538900

#### **GOVERNING INSTRUMENT**

Constitution and Rules

#### SINGAPORE UNIQUE ENTITY NUMBER

S68SS0022J

#### **CHARITY REGISTRATION NUMBER**

0029

#### **CHARITY REGISTRATION DATE**

6 February 1984

#### **IPC NUMBER**

HEF 0041/G

#### **IPC STATUS**

1 September 2021 to 31 August 2027

#### MAIN BANKER

Standard Chartered Bank

#### **EXTERNAL AUDITOR**

RSM SG Assurance LLP

## CUSTODIAN TRUSTEE FOR LEASEHOLD LAND AT REGISTERED ADDRESS

Ocorian Singapore Trust Company Pte Ltd



## MESSAGE FROM OUR PRESIDENT

As I pen my first message as President of the Society for the Aged Sick (SAS), I want to express my deepest gratitude to our dedicated staff, selfless volunteers, subcommittee, board members and generous donors. You are the pillars that hold our organisation together, and I'm honored to work alongside each of you.

To our staff, who are the heart of our Home, I commend your tireless efforts in caring for our residents with compassion and kindness, values that our founder, Ms Teresa Hsu instilled in our organization. These values are the foundation of everything we do, and I'm proud to see them in action every day. I urge you to build on these values by also embracing humility, gentleness and patience. Your dedication is what makes our Home a haven where our residents can live their twilight years with comfort and dignity.

Our residents are at the center of everything we do. We listen to their needs and preferences, and respond with activities that bring them joy. From Sensory & Nagomi Art to Music and 3D Virtual Therapy Intergenerational sessions, and birthday celebrations to volunteer-led outings, every initiative is designed to make them valued and cherished. introduction of religious fellowships is a commitment testament to our providing holistic care that addresses the physical, emotional and spiritual needs of our residents.

Volunteers and donors are the limbs that enable our Home to thrive. Your contributions, whether time or resources, are vital to the well-being of our residents. I'm grateful for your selflessness and generosity, which inspire us all to do more. Whether it's a listening ear, a helping hand, or a financial contribution, every bit counts, and we're honored to have you as part of us.

As we look to the future, we are mindful of the need to create a vibrant and environment for supportive our residents. Over the next two to three years, we plan to embark on a significant renovation project to upgrade our facilities and create a more homely atmosphere for our residents. We will also focus on improving staff facilities, recognising that a happy and supported team is essential to delivering quality care. At the same time, we will also leverage technology to streamline our work processes, improve communication and enhance the overall quality of care.

Singapore's population ages, the demand for eldercare facilities like ours will only grow. We aim to be a beacon of care, not just for our residents, but for the community around us. We recognise importance of building relationships with our neighbors. partners and stakeholders to create a supportive ecosystem that benefits everyone. I invite you to join us on this journey, as we strive to make meaningful difference in the lives of our residents.

In closing, I want to express my deepest appreciation to each and every one of you for your role in making our Home a place of love, care, and compassion. Together, we can create a Home where every resident feels valued, heard, and loved. I'm excited about the possibilities that lie ahead, and I look forward to working with you to make a positive impact in the lives of our residents.

Thank you for your dedication, passion and support.



Mr Chew Loy Cheow, President 26 August 2025

## LEADERSHIP

The governing body of the SAS is a committee known as the Executive Committee ("EXCO"). All members of the EXCO are independent volunteers. The EXCO is aided by various Sub-Committees that report to the EXCO in accordance with the Terms of Reference set by EXCO.

Also reporting to the EXCO is the Chief Operating Officer ("COO") who implements the direction and policies set by the EXCO and oversees the day-to-day running of the Home. The COO and the five heads of department reporting to the COO make up the composition of the management team of SAS.

#### The EXCO members in office as at the date of this report are:



PRESIDENT
MR CHEW LOY CHEOW

CONSULTANT (FINANCIAL MARKETS)

Appointed: 24 September 2024

First appointment as Deputy President: 21 September 2018 First appointment as Honorary Treasurer: 19 June 2012

First appointment as Honorary Secretary: 10 June 2014

Mr Chew Loy Cheow is a consultant in financial markets and an independent director of a fund management company. He has worked at various global banks and was a fund manager in a sovereign wealth fund. He has brought vast investment and finance knowledge and experience to SAS. He helps to ensure that SAS maintains a suitable level of reserves while maximising returns within an acceptable level of risk. Mr Chew served as the Deputy President of the Exco since 21 September 2018 and was subsequently appointed as the President on 24 September 2024

Mr Chew currently is a member of the Finance and Investment Committee.



IMMEDIATE PAST PRESIDENT DR TIMOTHY TEOH

**PSYCHIATRIST** 

First appointment as President: 21 September 2018

First appointment as Deputy President: 21 June 2016

Dr Timothy Teoh is a Senior consultant at IMH with specialisation in Psychiatry. As a medical doctor by training, his clinical expertise and psychiatric knowledge makes him an invaluable asset to SAS as he is equipped with the practical knowledge and understanding to make recommendations and improvements to SAS.

Dr Teoh has served as the President of the EXCO from 21 September 2018 to 23 September 2024. and is now the Immediate Past President of the EXCO. He currently chairs the Home Management and Quality Assurance sub-committee.



**DEPUTY PRESIDENT** MS IRENE CHONG

CHIEF EXECUTIVE OFFICER

Appointed. 24 September 2024 First appointment as Honorary Assistant Treasurer: 27 September 2022

Ms Irene Chong is the Partnership Director at Compassion International (Singapore) Limited, an international NGO. She has extensive experience in Strategic Planning and fund raising for various charities. She is the Chairman of Sunrise Group, MeetArts as well as the Chairman of Social Ventures in Metropolitan YMCA. She is also a board member at MY World Preschool Ltd and advisory board member at National University of Singapore Alumni. Her strong analytical and strategic management skills, finance and investment skills, business networks and board experience as a Senior Accredited Board Director by Singapore Institute of Directors have greatly benefited SAS.

Ms Chong is currently the Deputy President, Chairman of the IT sub committee and member of the Finance & Investment sub committee at SAS.



**DEPUTY PRESIDENT** MR THEODOR TAN

ADVOCATE & SOLICITOR

Appointed: 24 September 2024 First appointment as Honorary Secretary: 28 September 2020

Mr Theodor Tan is a legal counsel with key areas of focus pertaining primarily to the commercial and operational aspects of the global business. Equipped with experience in legal firms and commercial business, he regularly advises the Management on corporate governance and public sector regulatory and compliance matters, including issues relating to charitable organizations and healthcare related matters.

Mr Tan is currently the Chairman of the Human Resource subcommittee, as well as a member of the Governance subcommittee and Facilities sub-committee.



**HONORARY SECRETARY** DR ONG GEOK CHWEE

CHIEF EXECUTIVE OFFICER

Appointed: 24 September 2024 First appointment as Honorary Secretary: 24 September 2024

Dr Ong Geok Chwee is the CEO of a mobile alliance company. She brings more than 20 years of experience in the infocommunications industry, with particular expertise in driving market development for emerging technology. Her strength of strong competency in driving innovation and innovative mindset have benefited SAS greatly, especially in IT and Fundraising.

In addition to her professional endeavors, Dr Ong is a dedicated volunteer, serving as a Board Director for Samaritans of Singapore (SOS). She currently chairs the Fundraising subcommittee at SAS.



**HONORARY TREASURER** DR NOEL YEO SHENG MING

MEDICAL DOCTOR

Appointed: 24 September 2024 First appointment as Honorary Assistant Treasurer: 28 September 2020

Dr Noel Yeo is a seasoned healthcare executive with 20 years of experience driving innovation, growth, and sustainability in the industry. His career spans clinical practice, business management, and leadership roles across primary, secondary, and tertiary care. He has successfully led large healthcare networks and strategic projects, leveraging his expertise to improve patient outcomes and healthcare services.

Dr Noel holds an Executive MBA. Executive Diploma in Directorship, and Postgraduate Certificate in Medical Law and Ethics. He is an active volunteer, serving on the boards of nonprofit organisations, including the Central Singapore Community Development Council, Singapore Cancer Society, NUS Business School, and Singapore Medical Association. His commitment to giving back to the community and advancing healthcare excellence is evident in his volunteer work and professional endeavors.



**HONORARY ASSISTANT TREASURER MR WILLIAM MAK** 

SENIOR ADVISOR

Appointed: 24 September 2024 First appointment as Honorary Assistant Treasurer: 24 September 2024

Mr William Mak is a seasoned financial executive with over 20 years of regional leadership experience in C-suite positions at major US and European banks. Throughout his career, he has driven growth in asset servicing and management for institutional clients, including sovereign wealth funds, pension funds, investment management firms, and insurance companies.

He spent 17 years at the Monetary Authority of Singapore honing his skills in reserve and portfolio management as Director and Head of FX, Liquidity, and Gold in the Reserve and Monetary Management Department.

As former President and APAC Regional Head of Northern Trust, he oversaw the bank's regional business growth, corporate governance, operational functions, and leadership management. He also held board positions in Northern Trust's legal entities.

Currently, Mr William Mak serves as a Senior Advisor at SBI Digital Markets Pte Ltd, leveraging his expertise to support clients and regulatory relations. Additionally, he is a member of the Investment Committees of two asset owner organizations, contributing his knowledge and experience to inform investment decisions.

He is currently the Chairman of the Medifund Committee and a member of the Finance and Investment sub-committee at SAS.



COMMITTEE MEMBER
DR RICHARD TAN HAN SHING

BUSINESSMAN

Appointed: 24 September 2024

First appointment as Deputy President: 21 November 2023

Dr Richard Tan Han Shing is member of the Institute of Civil Engineer (UK), Chartered Engineer (UK), Professional Engineer (Singapore). Dr Tan retired from Civil service in 1999 and currently is a director of various companies. With his vast experience and knowledge in the Engineering field, he has provided valuable advice to SAS, especially in facilities and building related matters.

Dr Tan has served on the EXCO from 1998 to 2010 and was renominated to the EXCO in 2014. He is also currently the Chairman of the Procurement sub-committee, and a member of the Facilities sub-committee.



COMMITTEE MEMBER
MR YEO CHUEN ENG

FORMER BANKER

Appointed: 24 September 2024

Mr. Yeo Chuen Eng, a retired Corporate and Private Banker, is a dedicated volunteer and leader in various organisations.

He currently volunteers as Advisor to the Foundation of Rotary Clubs of Singapore (FRCS) Family Service Centre, Chairman of FRCS Active Ageing Centre, EXCO Member and Governance subcommittee Chairman of Society for the Aged Sick (SAS), and is a member of SAS' Facilities sub-committee.

Previously, he held roles as Assistant Treasurer and Investment Sub-Committee Chairman at Singapore Cancer Society, and was a member of SAS' Finance & Investment sub-committee.



COMMITTEE MEMBER
MR RONALD WONG

PARTNER (FINANCIAL ACCOUNTING ADVISORY SERVICES)

Appointed: 24 September 2024 First appointment as Honorary Assistant Treasurer: 29 January 2019

First appointment as Honorary Treasurer: 28 September 2020

Mr Ronald Wong is a Financial Accounting Services Leader and Partner in a Big Four Auditing Firm.

Apart from SAS, he also volunteers at The Rotary Club of Singapore and chairs the Youth Service Committee. His experience and knowledge have helped SAS to address the various challenges, especially on the changes in Accounting Standards and policies.

Mr Ronald Wong currently is a member of the Audit sub-committee.



**COMMITTEE MEMBER** MR SEBASTIAN SZETO

FINANCIAL & OPERATIONS CONSULTANT

Appointed: 24 September 2024

Mr Sebestian Szeto is a chartered accountant and presently a financial & operations consultant providing full spectrum consultancy services in accounting and commercial operations. As an ex-auditor and ex-financial controller, he has acquired over 30 years of experience in diverse industries from big four accounting firms and multinational corporations. His comprehensive strength in audit and financial control is a much value-added asset to SAS.

Mr Sebestian Szeto is currently the Chairman of the Audit sub-committee



COMMITTEE MEMBER MR TAN CHENG CHUAH

CHIEF EXECUTIVE OFFICER

Appointed: 24 September 2024

Mr Tan Cheng Chuah is currently the Deputy Group Chief Executive Officer of CPG Corporation. He was previously the Managing Director for Construction Professionals Pte Ltd, PM Link Pte Ltd, and PM Link Malaysia Sdn Bhd.

In addition to his corporate responsibilities, he is also the Chairman of CPG Corporation's Workplace Safety and Health Committee, which plays a crucial role in ensuring the safety and health of all employees.

Mr Tan's extensive industry knowledge and leadership skills have contributed to the transformation and growth of these companies. His technical expertise and problem-solving abilities will be an asset to SAS.

He is currently the Chairman of the Facilities sub-committee and a member of the Procurement sub-committee.



**COMMITTEE MEMBER DR Kong Jun Cheong** 

FAMILY PHYSICIAN

Appointed: 24 September 2024

Dr. Kong is a family physician with a strong passion for delivering exceptional care and service. He has post-graduate diplomas in geriatric medicine, sports medicine, and family medicine. He was previously attached to the Ministry of Health and performs ad-hoc work for the Singapore Medical Council. With his extensive experience in healthcare, he is able to advise SAS on the medical related aspects of running the home effectively.

He is also an active grassroots leader, he currently serves in the Community Centre Management Committee and Community Emergency and Engagement Committee in his

Dr. Kong is currently a member of the Home Management and Quality Assurance sub-committee.

## SUB-COMMITTEES

as at date of report

#### **AUDIT**

Mr Sebastian Szeto

Ms Wendy Soh
Mr Ronald Wong
Ms Pang Mei Yee
appointed 14 March 2025

#### **FINANCE & INVESTMENT**

**Dr Noel Yeo**Chairman

Mr Chew Loy Cheow Mr William Mak Ms Irene Chong

#### **FUNDRAISING**

**Dr Ong Geok Chwee**Chairman

Mr Alister Azriel Ong Tjoe Ms Gelina Goh Ms Lim Peck Hui

appointed 22 April 2025

Ms Jennifer Bao
appointed 22 April 2025

Mr Zhuang Li Hao appointed 22 April 2025

#### GOVERNANCE

Mr Yeo Chuen Eng

Mr Theodor Tan Mr Daniel Chea Ms Chin Hooi Yen appointed 24 June 2025

#### HOME MANAGEMENT & QUALITY ASSURANCE

**Dr Timothy Teoh** 

Dr Noel Yeo Dr Paul Sim Dr Kong Jun Cheong Dr Meredeth Chin

#### **HUMAN RESOURCE**

Mr Theodor Tan Chairman

Mr Kiffly Marcus Araib Mr Hong Siu Ming

#### INFORMATION TECHNOLOGY

Ms Irene Chong
Chairman

Mr Ong Beng Teck Mr Chua Koon Teck Mr Donny Cheah appointed 11 December 2024

Mr Derrick Loi appointed 24 June 2025

Mr Daniel Tan appointed 24 June 2025

#### FACILITIES (BUILDING PROJECT BASED)

Mr Tan Cheng Chuah Chairman

Mr Yeo Chuen Eng Mr Theodor Tan Dr Richard Tan

#### **PROCUREMENT**

**Dr Richard Tan**Chairman

Mr Tan Cheng Chuah Mr Sean See

#### **MEDIFUND**

Mr William Mak

Ms Liew Yan Yan, Melissa Dr Mok Yee Ming Dr Meredeth Chin



## MANAGEMENT TEAM

as at date of report



CHIEF OPERATING OFFICER MS KATE KOH

Appointed to position since: 20 September 2018

Kate obtained her Bachelor of Accountancy from Nanyang Technological University. She started her career in one of the Big 4 accounting firms, followed by accounting positions in various MNCs.

She joined Society for the Aged Sick in 2009 as Assistant Head of Finance and subsequently progressed to the position of Chief Operating Officer in 2018.



HEAD OF NURSING & REHABILITATION MS SANDRA QUEK

Appointed to position since: 1 October 2017

Sandra has a Bachelor of Health Science in Nursing from University of Sydney (SIM) and Advance Diploma in Nursing Management.

She has about 20 years of nursing experience, registered with the Singapore Nursing Board.

Sandra joined Society for the Aged Sick since 2014 and prior to that, she was a Nurse Manager in the private healthcare setting.



HEAD OF FINANCE & GOVERNANCE MR TONG PENG HON

Appointed to position since: 26 November 2018

Peng Hon obtained his professional qualification from ACCA. He has more than 20 years of finance experience in auditing, commercial and charity sector.

Prior to joining our Home, he was a Finance Manager in an Offshore and Marine Company.



**HEAD OF MEDICAL SOCIAL SERVICES** MS NG YA HUI

Appointed to position since: 27 May 2019

Ya Hui obtained her Bachelor of Social Work from the National University of Singapore (NUS) and has been working in the social services sector for more than twenty years, primarily in the eldercare and healthcare setting.

Ya Hui joined our Home as the Head of Medical Social Services in 2019.



**HEAD OF OPERATIONS & IT** MR TAN YEOW KWAN

Appointed to position since: 10 October 2018

Tan Yeow Kwan obtained his Bachelor Of Mechanical Engineering from The University Of Newcastle (Australia). He has more than 15 years of operations related experience in various organisations such as FMCG and Process Plant companies.

In the span of his career, he was responsible for a wide spectrum of Operations functions, mainly on Managing Operations, Project Management and Building and Facilities Management.



**HEAD OF HUMAN RESOURCES** MS MYLENE SOH

Appointed to position since: 17 February 2025

Mylene has a Bachelor of Business degree (major in Human Resources Management) from Royal Melbourne Institute of Technology (SIM). She has more than 20 years of HR experience in the manufacturing and private clubs sector.

She joined the Home in February 2025. Prior to that, she was the Head of HR in The American Club where she oversees the HR and Payroll functions.

## ORGANISATIONAL CHART

**EXECUTIVE COMMITTEE** 

SUB-COMMITTEES

**AUDIT** 

FINANCE & INVESTMENT

**FUNDRAISING** 

GOVERNANCE

HOME MANAGEMENT & QUALITY ASSURANCE

HUMAN RESOURCE INFORMATION TECHNOLOGY FACILITIES (BUILDING BASED PROJECTS)

**PROCUREMENT** 

**MEDIFUND** 

CHIEF OPERATING OFFICER
KATE KOH

HEAD OF FINANCE &
GOVERNANCE
TONG PENG HON

HEAD OF NURSING & REHABILITATION SANDRA QUEK

HEAD OF MEDICAL SOCIAL SERVICES NG YA HUI HEAD OF OPERATIONS & IT TAN YEOW KWAN

HEAD OF HUMAN RESOURCES MYLENE SOH



## **GOVERNANCE**

#### **ROLE OF THE EXECUTIVE COMMITTEE (EXCO)**

The EXCO's role is to provide strategic direction and oversight of SAS's programmes and objectives, steering the organisation towards fulfilling its vision and mission through good governance. As part of this role, the following matters require EXCO's approval:

- Approval of the annual budget and monitoring of expenditure against the budget
- Approval of audited annual financial statements
- Regular monitoring of the progress of SAS's programmes
- Development and implementation of strategic plans to achieve SAS's vision and mission
- Approval of new policies and revisions to existing policies
- Awarding of vendor contracts for expenditures exceeding \$90,000

#### **EXCO ELECTION AND TERM LIMIT:**

Under SAS's Constitution, members of the Executive Committee (EXCO) are elected at alternate Annual General Meetings, with each term of service lasting approximately two years ("Term"). The President shall not be eligible for re-election to the same role for more than three consecutive Terms, while the Treasurer may serve a maximum of four consecutive years.

As of the date of this report, the current term of all serving EXCO members will continue until SAS's Annual General Meeting in September 2026.

To ensure leadership continuity and organisational resilience, the EXCO has approved a board renewal policy and strategy. This succession planning framework is designed to maintain an appropriate mix of skills, experience, and expertise within the EXCO—aligning with SAS's mission, objectives, and long-term strategies.

Dr. Timothy Teoh Chi-Chan, Mr. Chew Loy Cheow, Mr. Yeo Chuen Eng, and Dr. Richard Tan have each served on the Executive Committee (EXCO) for more than 10 years. Given their respective skill sets and expertise—outlined in the table below—and upon the recommendation of SAS's Governance Sub-Committee, the EXCO strongly supports their continued service.

Their ongoing involvement ensures that SAS continues to benefit from their invaluable contributions, deep institutional knowledge, and strategic insights. Their presence on the EXCO will further support SAS's mission, objectives, and long-term strategies.



## EXECUTIVE COMMITTEE MEMBERS SERVED FOR MORE THAN 10 CONSECUTIVE YEARS:



#### **DR. TIMOTHY TEOH**

Dr. Teoh has been a member of the Executive Committee (EXCO) since 24 June 2008 and has served as its President between 21 September 2018 and 23 September 2024. On September 2024, he was appointed as the Immediate Past President. He also chairs the Home Management and Quality Assurance Sub-Committee.

A medical doctor by training and a qualified psychiatrist, Dr. Teoh brings invaluable expertise to SAS. His professional background equips him with the insight and knowledge to contribute meaningfully to the well-being of our residents and the continuous improvement of our Home.

With his active involvement in both the EXCO and the Home Management & Quality Assurance Sub-Committee, Dr. Teoh plays a key role in shaping policies and making informed recommendations that uphold the quality of care and services provided at SAS.

#### **MR CHEW LOY CHEOW**

Mr. Chew has been a member of the Executive Committee (EXCO) since 21 September 2011 and has served as the Deputy President from 21 September 2018 to 23 September 2024. He has also previously held key positions on the EXCO, including Honorary Secretary and Honorary Treasurer. On 24 September 2024, Mr. Chew was elected as the President of the EXCO.

He currently serves as a member of the Finance & Investment Committee.

With a professional background in banking and investment, Mr. Chew has worked with various established financial institutions. His strong understanding of financial risk management, coupled with in-depth knowledge of SAS's operational context, has been invaluable. He has played a pivotal role in guiding SAS toward achieving optimal financial returns within an acceptable level of risk.

#### MR YEO CHUEN ENG

Mr. Yeo has served as a member of the Executive Committee (EXCO) since 17 January 2012. He currently chairs the Governance Committee.

Mr Yeo previously served as a Director at Standard Chartered Private Bank. Beyond his role at SAS, he actively volunteered with various organisations, including the Foundation of Rotary Clubs Singapore Family Service Centre and Eldercare Centre, as well as the Singapore Cancer Society's Investment Committee.

With his broad experience and knowledge across the charitable and financial sectors, Mr Yeo has provided valuable counsel to SAS over the past 13 years. His contributions span key areas such as finance and investment, governance, and facilities management — always in the best interest of the organisation and its residents.

#### **DR RICHARD TAN**

Dr. Richard Tan has served on the Executive Committee (EXCO) since 10 June 2014. He currently chairs the Procurement Committee and is a member of the Facilities Committee.

Dr. Tan is a member of the Institution of Civil Engineers (UK), a Chartered Engineer (UK), and a registered Professional Engineer in Singapore. He also serves as a director of various companies.

With his extensive experience in engineering and business, as well as his deep familiarity with the SAS environment, Dr. Tan has consistently provided valuable and practical advice—particularly in matters related to facilities and building management. His expertise has been instrumental in supporting SAS's infrastructure and operational needs.



#### **EXCO MEETINGS AND ATTENDANCE:**

A total of five Executive Committee meetings were held during the financial year. The following sets out the individual Executive Committee member's attendance at the meetings:

NAMES OF EXECUTIVE COMMITTEE MEMBERS	% OF ATTENDANCES
Mr Chew Loy Cheow	100%
Dr Timothy Teoh	80%
Ms Irene Chong	80%
Mr Theodor Tan	60%
Dr Ong Geok Chwee	80%
Dr Noel Yeo	20%
Mr William Mak (Elected on 24 September 2024)	100%
Dr Richard Tan	80%
Mr Yeo Chuen Eng	100%
Mr Ronald Wong	80%
Mr Sebastian Szeto	80%
Mr Tan Cheng Chuah	80%
Dr Kong Jun Cheong (Elected on 24 September 2024)	100%

#### **EXCO SELECTION PROCESS**

Prior to the expiry of each Term, the Governance Committee will conduct a review and provide recommendations to the Board regarding its composition to ensure that it maintains an appropriate mix of skills, experience, and expertise. This review will consider the following factors:

- The annual Board effectiveness review
- The contribution and performance of each Board member
- Compliance with SAS's Code of Conduct

Subject to the specific provisions of the Constitution, Board members are generally expected to serve no more than five consecutive Terms. However, upon the Governance Committee's recommendation, the Board may request a member to serve additional Terms if it determines that the member's skill sets, experience, and expertise are essential for the continued support of SAS's mission, objectives, and strategies.



#### **EXCO TRAINING AND EVALUATION**

The Governance Committee will ensure that:

- ((a) New appointees to the Board understand SAS's charitable objectives, relevant charity laws and regulations, and the Code of Governance.
- (b) New appointees acknowledge and agree to the time commitment and participation expectations of Board members, as well as fully understand their duties and responsibilities.
- (c) Policies are developed and implemented for the orientation of new Board members, as well as ongoing Board development and training.

In accordance with the Governance Sub-Committee's Terms of Reference, the EXCO is required to conduct a self-evaluation of its performance and effectiveness at least once per Term.

#### SUB-COMMITTEES

#### **TERMS OF REFERENCE:**

#### Audit Committee (AC)

The AC oversees the integrity of the financial statements and reviews the overall scope of both external and internal audits to ensure the adequacy of SAS's internal financial controls. The AC has also reviewed SAS's financial statements as well as the auditor's report for the financial year that concluded on 31 March 2025.

### Finance and Investment

The Finance and Investment Committee is responsible for overseeing SAS's financial operational controls and risk management, budget planning and monitoring, and capital asset management. The Committee also manages SAS's reserves and investments to ensure that the authorising maintains adequate reserves for long-term financial sustainability.

#### Fundraising

The Fundraising Committee oversees all of the charity's fundraising activities to ensure compliance with applicable laws and regulations. The Committee also ensures that any fundraising conducted by third parties aligns with the Society's objectives.

#### Governance

The Governance Committee shapes the governance framework of SAS by developing and recommending to the EXCO a set of governance principles, standards, and practices that align with Charity law and the Code of Governance.

## Home Management and Quality Assurance

The Home Management and Quality Assurance Committee assists the EXCO in establishing, monitoring, and maintaining internal systems and controls to provide reasonable assurance that SAS operates efficiently, with quality standards that safeguard the safety and dignity of its residents.

#### Human Resource

The Human Resource Committee assists the EXCO in establishing, monitoring, and maintaining appropriate human resources and employment practices, ensuring that HR policies comply with applicable laws. The Committee also advises on staff salary competitiveness to support retention and attract talent.

#### Procurement

The Procurement Committee assists the EXCO in establishing, monitoring, and maintaining a procurement strategy and internal control systems to ensure that SAS's purchasing decisions are prudent, deliver value for money, and are conducted transparently and in compliance with applicable laws.

#### Information Technology (IT)

The IT Committee assists the EXCO in fulfilling its oversight responsibilities regarding SAS's IT activities. The Committee ensures that SAS's IT programs support the organisation's long-term goals and strategic direction. It also oversees risks related to the quality and effectiveness of IT data security, data privacy, and disaster recovery capabilities. Additionally, the Committee advises the EXCO and management team on IT matters.

#### Facilities (Building Project Based)

The Committee assists with the building development and construction at SAS's premises whenever the EXCO approves a project for such development and construction (a "Project").

#### MediFund Committee

The Medifund Committee reviews and approves Medifund applications from eligible residents and administers payments from the Medifund account. In considering each application and authorising payments, the Committee ensures that all cases comply with the Medical and Elderly Care Endowment Schemes Act (MECESA), its corresponding regulations, and any directives or guidelines issued by the Ministy. Additionally, the Committee ensures that the Medifund account does not go into overdraft at any time.

#### DISCLOSURE OF REMUNERATION AND BENEFITS RECEIVED BY EXCO MEMBERS:

No EXCO members were remunerated for their EXCO services in the financial year.

The Chairman and members of the Sub-Committee can be found on page 6-11 of the Annual Report.

#### DISCLOSURE OF REMUNERATION AND BENEFITS RECEIVED BY MANAGEMENT TEAM:

The remuneration received by the Management Team can be found in **Note 3** of the Financial Statements. None of the Management Team members serves on the EXCO.

There are no paid staff who are close members of the family of the Executive Head or EXCO members, who each receives total remuneration of more than \$50,000 during the year.

No Management staff is involved setting his or her own remuneration.

#### **CONFLICT OF INTEREST POLICY:**

SAS has a conflict of interest policy that requires prompt disclosure of any actual or potential conflicts related to proposed transactions involving SAS. Individuals with such conflicts must recuse themselves from discussions and decision-making concerning the transaction. The policy further stipulates that a proposed transaction may only proceed if it involves a competitive bid or a comparable valuation, and if the EXCO determines that the transaction is in the best interests of SAS.

#### WHISTLE BLOWING POLICY:

SAS has established a whistle-blowing policy to provide a clear channel for raising concerns regarding potential wrongdoing or improprieties related to financial or other matters within the Home.

#### **VOLUNTEER MANAGEMENT POLICY:**

All volunteer involvement and management at SAS are guided by the Volunteer Management Policy. This policy covers the recruitment and selection process, training and development, supervision and evaluation, volunteer recognition, and the maintenance of volunteer records.

#### GOVERNANCE EVALUATION CHECKLIST:

The Society's Governance Evaluation Checklist and its level of compliance in relation to the financial year under review may be viewed at <a href="https://www.charities.gov.sg">www.charities.gov.sg</a>.





At Society for the Aged Sick (SAS), we provide residential care services to people in need of daily skilled nursing care and/or assistance in activities of daily living and who cannot be cared for at home, particularly the less privileged.

To ensure that residents of the home receive holistic care during their stay here with us, we also provide a range of other services to meet their needs.

- (i) Physiotherapy
- (ii) Occupational therapy
- (iii) Psychosocial support
- (iv) Palliative and end-of-life care
- (v) Social activities and outings
- (vi) Medical care
- (vii) Speech therapy
- (viii) Nutrition and dietary services
- (ix) Pharmacist reviews







### **Average Occupancy Rate**

370 **90.1%** 

395 **97.1%** 

#### **Mobility category**



FY24: 0.6% Category 2 FY25: 0.3% semi-ambulant

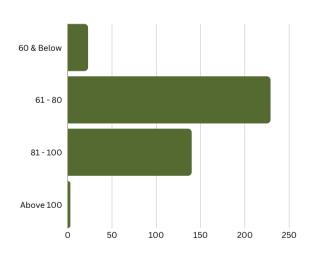


FY24: 47.0% Category 3 wheelchair-bound FY25: 52.9%

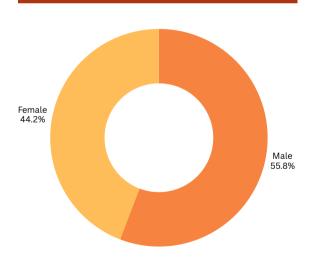


Category 4 FY24: 52.4% FY25: 46.8% bed-bound

#### **AGE PROFILE**



#### **RESIDENTS' PROFILE**

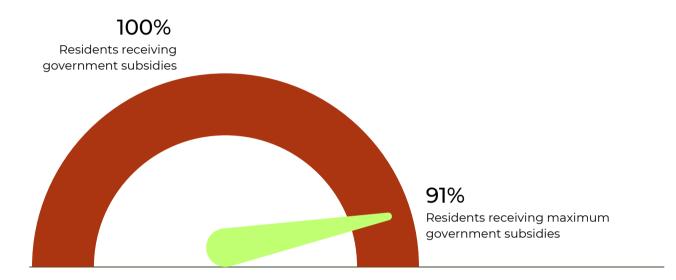




## SERVING THOSE IN NEED

#### **Subsidies**

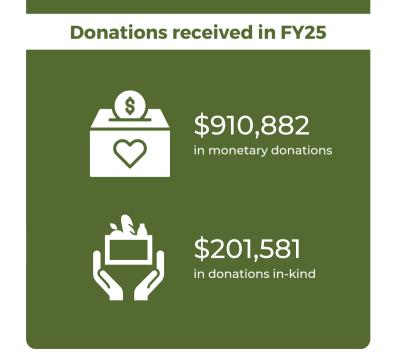
As a not-for-profit charity organisation, SAS is dedicated to serving those in need of nursing and medical care, especially those from low-income families and those who have no familial support.



#### Helping the financially disadvantaged



of our residents are without family or Next-of-kin's financial support



## RESERVES POLICY

SAS' reserves level as at 31 March 2025:

	CURRENT YEAR (S\$)	PREVIOUS YEAR (S\$)	% INCREASE / (DECREASE)
Unrestricted Funds (Reserves)	27,667,160	23,673,522	16.87%
Restricted / Designated Funds:			
Building Reserve	2,628,954	2,544,760	3.31%
Computerization Fund	11,062	39,871	(72.26%)
Bob and Hazel Booker     Memorial Fund	100,670	99,212	1.47%
Annual Operating Expenditure	19,247,880	18,243,679	5.50%
Ratio of Reserves to Annual Operating Expenditure	1.44 years	1.30 years	



The reserves we have set aside provide financial stability and ensure the continued development of our charitable activities. We aim to maintain our reserves at a level equivalent to at least 12 months of operating expenditure. The reserves are intended to be utilised in the following manner:

- to meet unexpected expenditure or contingencies
- to cover for delays between spending and receipt of donations or grants.

The EXCO regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations.

#### **Purposes of restricted funds:**

#### (i) **Building Reserve**

This reserve is designated for renovation, maintenance, and repair services related to the leasehold building.

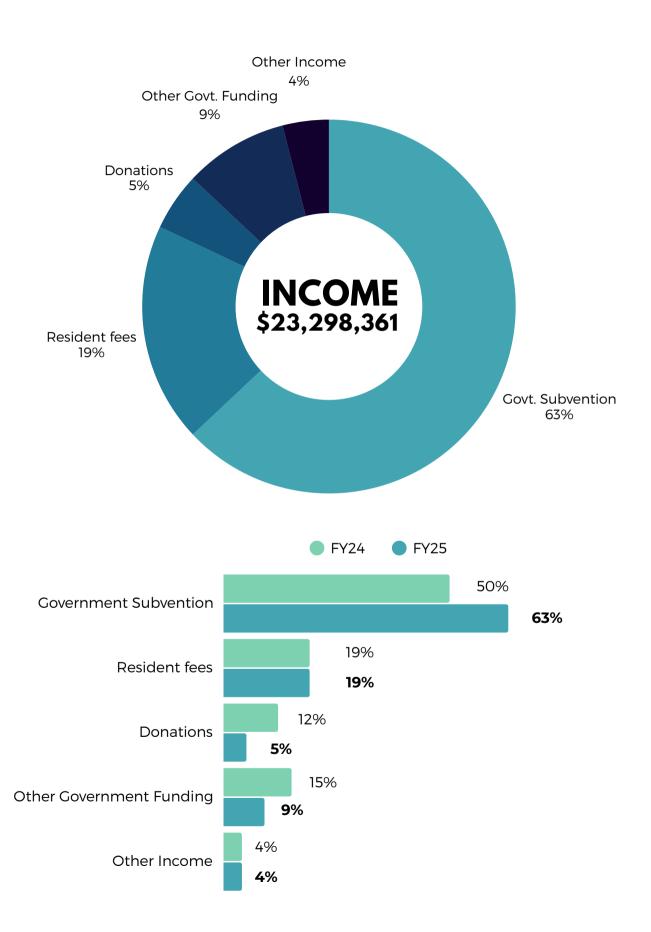
#### (ii) Computerization Fund

This fund is set aside for upgrades and enhancements to SAS's IT systems.

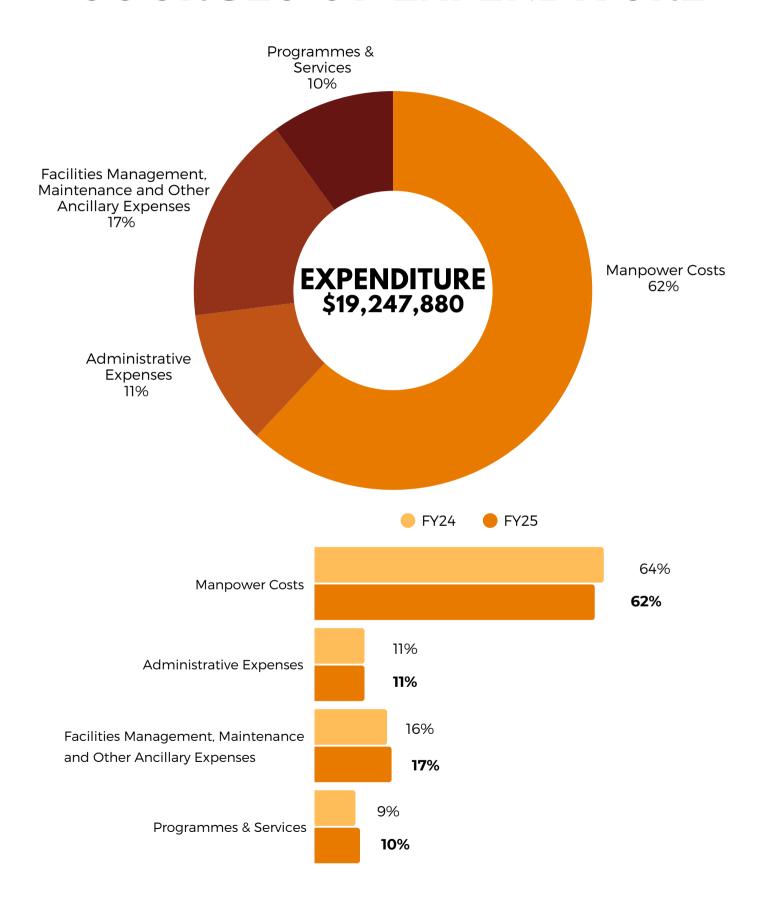
#### (iii) Bob and Hazel Booker Memorial Fund

(previously named as R.K. Booker Memorial Fund) This fund supports scholarships and training for SAS staff. SAS plans to utilise this fund to support ongoing staff training and development initiatives.

## SOURCES OF INCOME



## SOURCES OF EXPENDITURE



## FINANCIAL HIGHLIGHTS OF THE YEAR

#### SUMMARY FINANCIAL PERFORMANCE

Total Income:

(FY24: \$20,357,582)

**Total Expenditure:** 

\$23,298,361 \$19,247,880

(FY24: \$18,241,243)

Surplus:

\$4,050,481

(FY24: \$2,116,339)

For the financial year ended 31 March 2025, SAS generated a surplus of \$4 million. This is about \$2 million higher than our previous financial year.

The increase in surplus was primarily driven by higher occupancy rates and an increase in government subvention grants, which supported both salary adjustments in the healthcare sector and rising operating costs. These gains were partially offset by a decline in donations and the impact of higher overall operating expenses.

#### 1. Income

The increase in income was mainly due to higher occupancy rates and government subvention grants. However, the cessation of funding under the Community Care Salary Enhancement exercise (CCSE) and a decline in donations have partially offset this increase.

#### 2. Expenditure

Operating costs increased by approximately \$1 million, primarily due to the higher occupancy rate and cost pressures from external factors.

Specifically, expenses related to resident nursing care, facilities management, maintenance, and other ancillary services rose in line with the increased occupancy and efforts to enhance the quality of care provided to our residents. External cost pressures further contributed to the overall increase in operating expenses.

#### MAJOR FINANCIAL TRANSACTIONS **DURING THE YEAR**

SAS's cash and cash equivalents increased by \$2 million (12%) during the year, primarily due to the operating surplus generated. Additionally, \$1.5 million was invested in a money market fund during the financial year.

#### **PURPOSE OF CHARITABLE ASSETS HELD**

Total assets held by SAS amount to \$43,137,476 as at 31 March 2025, of which

- (i) \$19.652.996 or 45% is held in the form of cash and fixed deposits. Of this, \$7,851,524 is placed with fixed deposits.
- (ii) SAS has invested total amount of \$7 million in Money Market Fund. These investments are classified and measured at fair value through profit and loss (FVTPL) as required by FRS 109. SAS has recognised fair value gain of \$224,222 (2024: 143,886) from investment in the profit or loss in FY25. Fair value for the investment as of 31 March. 2025 is \$7,375,704.
- (iii) \$8,167,097 (19%) is held in the form of property, plant and equipment.

These include the leasehold building at 130 Hougang Avenue 1 where the Home is located, vehicle and furniture and equipment that support the operations of the Home.

(iv) \$4,901,915 (11%) is the prepayment of lease renewal premium to Singapore Land Authority for the 30-year lease from 1 September 2018 to 30 August 2048.





#### **OVERVIEW OF SAS' ESG STRATEGY**

At SAS, our ESG strategy reflects our mission:

- Adding Years of Quality Life to the Elderly
- Providing quality care to the aged sick and destitute.

We believe compassionate care goes hand-inhand with protecting the environment, supporting our community, and maintaining strong governance. Our sustainable practices enhance our ability to serve with dignity, empathy, and respect.

#### **ENERGY EFFICIENCY**

Using energy-saving appliances and practices to reduce carbon footprint



## DIGITALISATION AND REMOTE WORK

Leveraging Technology to Reduce Carbon Emissions



## ENVIRONMENTAL STEWARDSHIP



Reducing waste and promoting sustainability through reuse and recycling





#### CARING FOR OUR COMMUNITY

As a non-profit, SAS is committed to serving vulnerable seniors regardless of their financial background. We provide not just physical care, but emotional and spiritual support, including religious programmes aligned with residents' beliefs.

SOCIAL RESPONSIBILITY

1839



individuals volunteered with us, providing quality support to vulnerable seniors in our nursing home



#### FAIR EMPLOYMENT PRACTICES

67%

Female Representation in Management Team

14

Employees aged 63 and above





UPHOLDING INTEGRITY AND ACCOUNTABILITY

Strong governance is key to our mission. We are committed to transparency, accountability, and ethical leadership.

Compliance and Leadership: We adhere strictly to the Code of Governance for Charities and IPCs. Our Executive Committee (EXCO) provides strategic oversight, with annual conflict-of-interest declarations.

Board Renewal Policy: Ensures leadership continuity and introduces fresh perspectives through defined term limits and succession planning.

Data Protection Framework:

Appointed a Data Protection Officer and adopted a PDPA-aligned policy to safeguard personal and sensitive data.

Anti-Money Laundering and Terrorism Financing activities (AML/TF) Policy: Adopted policy to ensure responsible financial transactions and compliance with legal standards, safeguarding charitable funds.

For our Whistle-blowing policy, and Conflict of Interest, please refer to page **20**.

100%

Compliance with the Code of Governance for FY24

<30%

Fundraising Efficiency Ratio

0

Cases of corruption or fraud



## CHARITY TRANSPARENCY DEDICATION AWARD 2024

We are proud to announce that SAS has been awarded the Charity Transparency Dedication Award 2024, a testament to our commitment to good governance and transparency. As a charity organisation, we strive to uphold practices that strengthen public trust and foster a sense of community spirit to support those in need.

The Charity Transparency Award, an initiative of the Charity Council, recognises charities that demonstrate excellent disclosure practices in accordance with the Charity Transparency Framework. This framework aligns with the Code of Governance for Charities and Institutions of a Public Character (IPCs) 2017, emphasising transparency across nine key dimensions. We are honoured to be recognised for our dedication to transparency and good governance, and we look forward to continuing our work in serving the community.



## AIC COMMUNITY CARE DAY

We were honored to host Community Care Day 2024, an annual celebration organised by the Agency for Integrated Care (AIC) to recognise the hard work and dedication of individuals in the community care sector. This year, AIC chose multiple venues islandwide to host the event, and we were delighted to be one of them.

A huge congratulations to Avenue One, our very own band, for winning 1st place in the group category performance in the Community Care Got Talent competition! Consisting of talented staff members Raisa, Brent, Frank, Indika, Ze Lamaung, and manager Ethel, Avenue One's victory is a testament to their hard work and passion for music.

The event featured talented performers from various healthcare institutions, as well as carnival booths with delicious snacks and interactive games with prizes, all conducted on our home ground by AIC. We extend our heartfelt gratitude to AIC for celebrating the dedication of our healthcare staff and for choosing SAS as a venue for this special day.











## CHINESE CLUB 开心学华语

Formed in June 2024 by Nurse Manager Tan Bao Zhen and Nurse Clinician Molly Daw Aye Aye Thant, Chinese Club's aim is to encourage our foreign staff to learn basic chinese in a fun way.

Currently, the Chinese Club members are made up of various nationalities. Staff from Myanmar, Philippines, and India, have joined with the expressed purpose to expand their language skill sets so that they can better communicate with some the elderly residents that can only speak Mandarin.





One of the ways the Chinese Club's members have been picking up the language is through popular songs from eras. Learning the meaningful words in the lyrics helped to ease them into the complexities of the language.

They have performed the mandarin songs they learnt on several internal events such as Family Day and Volunteer Appreciation Day.



## HAND HYGIENE DAY 2024

Clean Hands Save Lives

Hand hygiene - whether it's washing hands or just rubbing it down with sanitiser - it's a simple action that we often take for granted. Good hand hygiene is the first line of defense against viruses, making it even more important in a healthcare setting.

To emphasise just how crucial this simple act is, we had a get together with staff and residents. The core message of our celebration: "Clean Hands Saves Lives". We held a carnival replete with game booths, performances, competitions, and activities - all to help with remembering the handwashing steps and best practices for disinfection.

The games and art challenges made use of different creative ways to make sure everyone is well-versed in the steps of handwashing and using sanitisers. Our staff across the wards also choreographed dances to help make remembering the steps easier. We also had finger foods during the celebration, of course after practicing some good hand hygiene.

Congratulations once again to wards M3 and M4 for winning the performance contest!

You can find winning posters that show the steps at all washing hand stations at SAS.









## TEAM BUILDING & STAFF WELFARE INITIATIVES

At SAS, we recognise the importance of working as a cohesive and supportive team. To foster camaraderie and relaxation, we organised an overseas trip for our staff, offering a choice between Johor Bahru and Genting. This trip provided a wonderful opportunity for staff to unwind and recharge.

In addition to the overseas trip, our nursing and care team engaged in a friendly bowling competition that spanned several weeks. This fun-filled activity not only promoted teamwork but also allowed staff from different wards and departments to mingle and build relationships.

We believe that team bonding activities like these play a vital role in strengthening our team's bond, deepening understanding of each other and enhancing our work environment. By providing opportunities for staff to connect and have fun together, we aim to promote a sense of community and well-being. We hope that everyone had a great time and enjoyed the chance to unwind with their colleagues.









## MAKING WAVES IN THE NEWS

In the lead up to Nurses' Day 2024, two of our nurses, Senior Staff Nurse (SSN) Thilagewathi Manoharan and Senior Enrolled Nurse (SEN) Nur Hafizah Raduan, were featured on Tamil Murasu news and Berita Harian news respectively.

For the past 12 years SSN Thila has been with SAS, she is known to have a close rapport with residents and ward staff alike. Her friendly disposition makes her approachable - even for residents who face language barriers when speaking with her, she always makes it work.

SSN Thila lives in Johor Bahru and makes the daily commute back and forth to SAS. When asked how she is able to persevere through the lengthy hours of travel and work, she cites her strong family support as well as her passion for the people at SAS as her source of motivation.

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## தன்னலமற்ற தன்னிரகற்ற தா

මුදු ගුදානගෙනට පණ්චාවත් නැතිප්රිය ිය අනුගේ වෙනත පරාධය අතත් පුණක තුළ ගතුගෙන් දෙනතා පේසී කොසේ පරිතුක් ගලමුණුගේ පෙනතාව ශුත් ශුත්තුවක් හොටලිත් පුනමු පතුණ වු පෙන්ත යා අතුගේ මුකත් ඒ නිත්වායු එත් කු පත්තිය. "ඔහුත් මිසු කතුගේ එසේ පරාතුම් කුතුන මුද්ධානතුත්ව හි කිසු පුණු පරිතුව සිටි ගතුණ පරාතය තුතුත් කිසු හෙනතු එ සේ එළිමුණු සුවී ගුතු ය.

#### சிறு புன்னகையில் பேரின்பம் காண்கிறார்

considerate of constants

நடிக்காக வெறு முறிந்த நக் நுள்ளங்கள் காந்திருப்பார்கள் என்ற நினையுடன் அதிகாகை 1 நோடங்குகிறார் நாதி நிலைநி நினைவன்.

்றுகூர் பாருவில் வசிக்கும் 1 எவது நிலகவதி, கடந்த 11 ஓன்டுகளைக சிங்கப்பூரிலுள்ள நூய்களவ்கட்ட வவதானவர் குக்கை சிக்கப் (Society for க Ayed Sick) நாநிகை இல்லத் நக்கு வந்து செல்லோர்.

துக்கு வந்து செல்லோர். பள்ளிப் படிப்பை மூடித்த வ புக்காக எங்கள்பும் மந்தார். நக்கு நின்ற நீழ்த் நான்புகள் நக்கையில் பட அழுத்தமாக அப் பெறும் வரியும் போல் நனித்தே நிருக் அவர் பிறும் பான்பக் தளித்தே நிருக் அவர் பிறு அர்பு வட்டி அப்பானத்திரும் பின்மை அறிப் முறித் மன்மை அறிப் முறித் நக்கு முறிமைத் அறிப் முறித் நக்கு முறிமைத் அறிப் முறித் நக்கு முறிமைத் அவர் முறித் நக்கு முறிமைத் அறிப் முறித் நக்கு முறிமைத் அதி குறுக்குறை என் மாழ்கில் யக்க அவர்கள் அடிம்

"இதுபோன்ற சிறு சைகை கள், எனக்குக் கிடைக்கும் பேரும் பேறு," என்றார்.



gulij, semis, aplebled tur gyengrik adada Genif Goni gydduni galais a gwiesniu syn gyengrik Genirans

த்தும், அம்பி காற்கமாக அதற்பம் பெல் எரிச்சல், மற்றி, குழப்பம் பெயை பல நேரங்களில் பமாக வெளிப்படும், " என் 1. அந்தோத்தில் அறந்கையு நாகத்தைக் கண்டறிந்து, சந்த் சுமாசிக்கத் தாம் முடல்

நான்கு வடலு மானையும் ஒ வடது மகனையும் நம் நாபாரி பராமரிப்பில் விட்டு வரும் இல அந்தச் சிரமங்களைத் நம் பள்ளி நரும் மனநிறைவு மூல கருவிகளின் சுத்

**6**. ஜனர்ந்தனன்

ரதிமைத் துறையில் ஏற்பட்டு ரும் மாற்றக்களை ஆவதுடனி கமான்வதுடன் இத்தொழியை திகம் தேசிப்பவர் 25 வயது எமீல் சந்திரல். சில்கப்பரின் காலியரில் கிட்

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Cik Nur Rahldah (kin) dan Cik Nur Hacirah, yang turut menjepiki langkahnya setuk menjadi (prumawat.

Ch Nor Hafisah Raduan, yang dahala keberatan menj jerorawat, kini begita konsibed dalam bajasannya sekarang dan merancang untuk metanjuthan pengajar dalam bidang kejuruswatan. – Foto-Foto BH oleh NU SEN Hafizah has been with SAS ever since she started her career as a nurse 15 years ago. Her passion and care is not only an inspiration to us, she has also inspired her siblings to jumpstart their careers in nursing as well. Both her sisters are currently nurses at other healthcare institutions.

Over the years, SEN Hafizah has fostered such a close bond with our residents that they consider her family. Her presence gives them a sense of security, knowing that they are in good hands.

We are proud to announce that Senior Staff Nurse Cing Deih Dim Monica has received the prestigious MOH Nurses' Merit Award 2024. This esteemed recognition is a testament to SSN Monica's unwavering dedication, compassion and commitment to excellence in delivering quality care to our residents.

The award, presented by Health Minister, Mr Ong Ye Kung, acknowledges SSN Monica's outstanding contributions to the nursing profession. This recognition not only honors her achievements but also motivates our staff, highlighting the value of their hard work, dedication and love for the individuals they care for daily.



## DISCOVERING NEW EXPERIENCES

This year, we have been incredibly fortunate to have volunteers sponsor and bring our residents to new and exciting locations, many of them for the first time.

#### **GOLFING**

In June, our residents were invited to Keppel Club to try out golfing. Our hosts were extremely accommodating with our residents who were not as mobile, and suggested they try their indoor Golf Simulation game. Needless to say, our residents had a great time, many of whom were trying out golf for the very first time.

#### **PRAWNING**

In August, a team from HSBC Singapore brought our residents to go prawning. It was the first time for many of our residents who were apprehensive at first on how they would be able to make a catch with limited mobility. However, with the help of our volunteers, who kept cheering our residents on, all of our residents managed to catch at least one prawn by the end of the session. The prawns were cooked up into a delicious soup after that. Our volunteers even conducted some games and karaoke for our residents to unwind after the rigorous battle with the crustaceans.

#### **BIRD WATCHING**

In November, our friends from Samsung Singapore brought a group of our residents to the newly built Bird Paradise. Our meticulous volunteers did up a program for our residents after scouting out the new location and coming up with a route that was wheelchair friendly.

Our residents particularly enjoyed the Penguin Cove which consisted of many large enclosures. Many of our residents were fascinated to see the birds waddle slowly on land but become graceful swimmers once they entered the water. All in all, it was a fun day with our volunteers going through the winding aviaries and enclosures.









### **PARTNERSHIPS**



#### A Long-term Partnership with Woh Hup

We are deeply grateful for the unwavering support of our volunteers from Woh Hup, who have become an integral part of our nursing home community. Through their monthly visits, they have formed lasting bonds with our residents, engaging them in a variety of activities that bring joy and stimulation to their lives. From playing games like Rummikub, bingo, and Mahjong to creating handmade flowers for special occasions, our Woh Hup volunteers have consistently demonstrated their kindness and compassion.

Their involvement with SAS has been truly multifaceted. They have generously sponsored and painted a vibrant mural in our gym, donated vouchers and daily rations that our residents use to meet their daily needs, and even invited our residents to a heartwarming quarterly luncheon at a restaurant with elderly from other homes. These thoughtful gestures have not only enriched our residents' lives but also fostered a sense of community and belonging.



#### A Heartfelt Partnership with Poco Productions

In 2024, we were incredibly fortunate to establish a pro bono partnership with Poco Productions. Their dedication and patience in listening to our residents' stories, combined with their creativity, resulted in a beautifully crafted video that portrayed the lives of several residents at our nursing home.

Our residents' stories have since reached more people who have begun contributing and lending their support. While our filming has since wrapped up, the lasting impact of Poco Production's storytelling continues to connect and inspire more in our community.

Check out their video on our SAS YouTube channel!







#### ABOUT PET WITH ME

Pet With Me is a monthly Animal Assisted program aimed at bringing therapeutic benefits to our seniors. through brief, interactive activities and companionship that has allowed for significant improvements in moods and behaviours.

This program has been made possible by the combined efforts of donors to fund our seniors' interaction with the friendliest and most patient of furry volunteers we have.

### PET WITH ME

In February 2025, we introduced our residents to our very first furry volunteers in our Pet With Me program. This is an animal assisted program aimed to uplift the spirits of our residents with therapeutic benefits of companionship.

The joy that these animals bring is immeasurable. We witnessed firsthand the incredible impact of animal companionship. Our residents experienced noticeable mood lifts, shared laughter at the playful antics of their new four-legged friends, and even found themselves recalling long-forgotten memories from as far back as their childhood in the 1930s. Many found comfort simply by feeding snacks and petting our doggy visitors, fostering a sense of connection and warmth.

We are incredibly grateful to our volunteers and supporters who helped make Pet With Me a reality. Your contributions and dedication allow us to continue bringing smiles and comfort to our residents. We are now collecting funds to keep this meaningful program ongoing, hopefully for the long run.





## SAS APPRECIATION DAY LUNCHEON

On 5th October 2024, we hosted the annual Appreciation Day luncheon, a heartfelt celebration of gratitude to our esteemed volunteers, donors, board members and partners. This special event honors their unwavering support, contributions and dedication to enhancing the lives of our residents.

The afternoon began with an energetic performance by our resident drummers, who set the tone for the event with their captivating percussion skills. Our newly crowned winners from Community Got Talent, Avenue One, took the stage and delighted the audience with their soulful renditions of popular hits. As they performed their final number, the energy was palpable, with many guests getting up to dance and groove to the music.

This event is a testament to the power of community and the impact of collective efforts. It brings together like-minded individuals who share a passion for caring for others, providing a platform for them to mingle, network and witness the tangible returns of their selflessness. The performances and feedback from our residents served as a poignant reminder of the difference that their support makes in the lives of others.

We extend our deepest gratitude to all who have supported us over the years. Your kindness, generosity and dedication have been instrumental in enabling us to provide quality care and services to our residents. We cherish the relationships we have built and look forward to continuing our journey together.







### **CALLIGRAPHY**

Over a span of two months last year, a group of our residents attended weekly Chinese Calligraphy sessions conducted right here in our Home. Chinese Calligraphy is an art form rich in history. A group of our residents showed great interest and were extremely keen to delve into this as part of their culture.

This mindful activity helped our residents to practice their attentiveness and motor skills with each stroke and curve of the brush. Their enthusiasm became evident as they each fell into a therapeutic lull filling multiple sheets whilst practicing their handwriting strokes.

Studies have shown how engaging in calligraphy has the potential to help stroke patients improve motor impairments and upper limb function. We also hope that this will leave our residents empowered while showing others that hobbies and interests can also serve as a form of rehabilitation.

After two months of hard work, our residents were each presented a certificate of completion to celebrate their achievement. They also carefully wrote and presented personal couplets to show their gratitude to Mr Heng, their dedicated instructor.

A big thank you to Mr Heng from the Nanyang Calligraphy for conducting the weekly sessions for our residents. We are deeply honoured and grateful to be able to give our residents such a cultural, intellectual, and artistic opportunity to express themselves.











## MOVIE SCREENING

Starting in 2025, our Resident Care (RCAs) team has been screening movies on a monthly basis. The movies are carefully chosen based on residents' preferences, spanning over genres such as comedy and action.

One of the plus points about screening movies as an afternoon activity is the inclusiveness it brings. We can bring our bed bound residents as well as our wheelchair residents to join in the movie.

This initiative is not only to create enjoyable experiences for our residents, but also to foster social interactions. There's the shared excitement that bubbles up before the movie that sparks into conversations. More often than not, it's a movie with actors or actresses they have grown up watching and you can hear our residents chatting about it.

Watching movies is a therapeutic activity for many and we are glad that this mass activity has been embraced with such positivity.









## **FUNDRAISING**

Even after government subsidies, there are still substantial daily necessities that are not accounted for. That's where a big portion of our fundraising goes towards to - their every day needs, as well as transportation to outpatient appointments.

AMOUNT RAISED: \$150,910

(As at 31 March 2025; before Toteboard's matching grant)



#### **MEALS THAT MATTER**

Many of our residents require special meals — almost 42% need their food finely chopped or blended due to dysphagia (a medical condition that causes swallowing difficulty), and another 24% rely on daily milk feed (every three hours).

These specialised diets are crucial for their health, yet the cost of providing such meals keeps on escalating.

#### WHEELS OF CARE

In order to go for outpatient medical appointments, tests, dialysis treatments, and the such, most of our residents require a specialised transport that can ferry either wheelchairs or a hospital bed.

Despite the rising costs, we want to ensure that every resident can access necessary medical services to improve their quality of life.





#### DIAPER DASH FOR A CAUSE

At SAS, we are deeply committed to the well-being and dignity of our residents. Although they contribute a fee for their stay, it falls short of covering the total cost of all their needs. A crucial part of their daily care is the provision of diapers - a necessity for 95% of our residents.

SAS' monthly diaper expenses amounts to \$22,000. As prices continue to rise, we face an increasing challenge in meeting this vital need.

thank you

- ACES Care Limited
- Act of Kindness Ltd
- Agency for Integrated Care (AIC)
- Asian Medical Foundation
- Betty's Fabulous Volunteer Club
- Brighton Community Church
- Buddhist Life Mission
- Chong Hua Tong Tou Teck Hwee
- Community Foundation of Singapore
- Direct Funeral Services
- EmberAce from Anglo Chinese School (Independent)
- En-Naeem Mosque
- Helping Joy Limited
- Hong Lai Sze Temple
- Irene & Albert
- Jane Tan & Friends
- Keppel Club
- Kung Mern Sern Tau Yen
- Lions Club Singapore Cherish
- Nan Hua Primary School Alumni Association
- National Council of Social Services (NCSS)
- Paya Lebar Chinese Methodist Church

- Paya Lebar Methodist Girls' Secondary School (PLMGSS)
- Paya Lebar Zone 7 RC & SAC
- PCF Sparkletots @ Sengkang
- Poco Production
- River Valley High School
- Rotary Club of Singapore (RCS)
- Rotary Club of Singapore West (RCSW)
- Saw Hoon's Nagomi Art Class
- Singapore Island Country Club
- Singapore Pools
- SPH Foundation Limited
- St Anne's Church
- St John's Brigade
- Tan Chin Tuan Foundation
- The Esplanade Co Ltd
- The Teng Company
- TTSH Project Care
- The Young Hearts by EZ4U
- Tote Board
- Woh Hup Pte Ltd
- Youth Corps Singapore
- 心仪合唱团 Care & Share

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