



# ANNUAL REPORT

**FY 2024 - 2025**

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# INTRODUCTION

## ABOUT US

Society for the Aged Sick (SAS) is a not-for-profit Nursing Home with a licensed bed capacity of 407. The Home provides residential services to people in need of daily skilled nursing care and/or assistance in activities of daily living, and who cannot be cared for at home, particularly the less privileged.

We provide a range of services to meet the needs of our residents. They include medical care, nursing care, physiotherapy, occupational therapy, and dietary services.

Our social service team together with dedicated volunteers, also provide emotional support and organise activities.

## OUR HISTORY

The history of our Home goes back to the year 1965, when two sisters, Ms Teresa Hsu and Ms Ursula Khaw, founded the Home, then known as "Welfare Resthome". The Home was set up to care for the aged sick and destitute in the community. Ms Teresa Hsu took the helm as the first matron of the Home.

In 1968, management of the Home was taken over by Mr George Gray Thompson and a group of friends from the Rotary Club of Singapore. Together, they established Society for the Aged Sick to cater to the expansion of the Home.

In 2023, we celebrated our Home's 55th Anniversary. From humble beginnings, we are grateful for the overwhelming support from our community to help us keep our not-for-profit Nursing Home running. At present, the Home caters to nearly 400 residents who reside on our premises and are cared for by nursing and care staff round the clock.

## OUR MISSION AND VISION

It is our sincere hope to continue the efforts started by our founders, Ms Teresa Hsu and Ms Ursula Khaw, to provide care for those in need.

Our mission is to provide quality care to the aged sick in need as well as to help them lead a meaningful and enriching life.

Our vision is to add years of quality life to the elderly.



# OVERVIEW OF CHARITY

SAS was registered as a society on 14 February 1968

## REGISTERED ADDRESS

130 Hougang Avenue 1, Singapore 538900

## IPC NUMBER

HEF 0041/G

## GOVERNING INSTRUMENT

Constitution and Rules

## IPC STATUS

1 September 2024 to 31 August 2027

## SINGAPORE UNIQUE ENTITY NUMBER

S68SS0022J

## MAIN BANKER

Standard Chartered Bank

## CHARITY REGISTRATION NUMBER

0029

## EXTERNAL AUDITOR

RSM SG Assurance LLP

## CHARITY REGISTRATION DATE

6 February 1984

## CUSTODIAN TRUSTEE FOR LEASEHOLD LAND AT REGISTERED ADDRESS

Ocorian Singapore Trust Company Pte Ltd



# MESSAGE FROM OUR PRESIDENT

As I pen my first message as President of the Society for the Aged Sick (SAS), I want to express my deepest gratitude to our dedicated staff, selfless volunteers, sub-committee, board members and generous donors. You are the pillars that hold our organisation together, and I'm honored to work alongside each of you.

To our staff, who are the heart of our Home, I commend your tireless efforts in caring for our residents with compassion and kindness, values that our founder, Ms Teresa Hsu instilled in our organization. These values are the foundation of everything we do, and I'm proud to see them in action every day. I urge you to build on these values by also embracing humility, gentleness and patience. Your dedication is what makes our Home a haven where our residents can live their twilight years with comfort and dignity.

Our residents are at the center of everything we do. We listen to their needs and preferences, and respond with activities that bring them joy. From Sensory & Nagomi Art to Music and Opera, 3D Virtual Therapy to Intergenerational sessions, and birthday celebrations to volunteer-led outings, every initiative is designed to make them feel valued and cherished. The introduction of religious fellowships is a testament to our commitment to providing holistic care that addresses the physical, emotional and spiritual needs of our residents.

Volunteers and donors are the limbs that enable our Home to thrive. Your contributions, whether time or resources, are vital to the well-being of our residents. I'm grateful for your selflessness and generosity, which inspire us all to do more. Whether it's a listening ear, a helping hand, or a financial contribution, every bit counts, and we're honored to have you as part of us.

As we look to the future, we are mindful of the need to create a vibrant and supportive environment for our residents. Over the next two to three years, we plan to embark on a significant renovation project to upgrade our facilities and create a more homely atmosphere for our residents. We will also focus on improving staff facilities, recognising that a happy and supported team is essential to delivering quality care. At the same time, we will also leverage technology to streamline our work processes, improve communication and enhance the overall quality of care.

As Singapore's population ages, the demand for eldercare facilities like ours will only grow. We aim to be a beacon of care, not just for our residents, but for the community around us. We recognise the importance of building strong relationships with our neighbors, partners and stakeholders to create a supportive ecosystem that benefits everyone. I invite you to join us on this journey, as we strive to make a meaningful difference in the lives of our residents.

In closing, I want to express my deepest appreciation to each and every one of you for your role in making our Home a place of love, care, and compassion. Together, we can create a Home where every resident feels valued, heard, and loved. I'm excited about the possibilities that lie ahead, and I look forward to working with you to make a positive impact in the lives of our residents.

Thank you for your dedication, passion and support.



A handwritten signature in blue ink, appearing to read 'Cheow Loy Cheow'.

**Mr Chew Loy Cheow, President**

*26 August 2025*

# LEADERSHIP

The governing body of the SAS is a committee known as the Executive Committee ("EXCO"). All members of the EXCO are independent volunteers. The EXCO is aided by various Sub-Committees that report to the EXCO in accordance with the Terms of Reference set by EXCO.

Also reporting to the EXCO is the Chief Operating Officer ("COO") who implements the direction and policies set by the EXCO and oversees the day-to-day running of the Home. The COO and the five heads of department reporting to the COO make up the composition of the management team of SAS.

## The EXCO members in office as at the date of this report are:



**PRESIDENT**  
**MR CHEW LOY CHEOW**

*CONSULTANT  
(FINANCIAL MARKETS)*

Appointed:  
24 September 2024

First appointment as  
Honorary Treasurer:  
19 June 2012

First appointment as  
Deputy President:  
21 September 2018

First appointment as  
Honorary Secretary:  
10 June 2014

Mr Chew Loy Cheow is a consultant in financial markets and an independent director of a fund management company. He has worked at various global banks and was a fund manager in a sovereign wealth fund. He has brought vast investment and finance knowledge and experience to SAS. He helps to ensure that SAS maintains a suitable level of reserves while maximising returns within an acceptable level of risk. Mr Chew served as the Deputy President of the Exco since 21 September 2018 and was subsequently appointed as the President on 24 September 2024.

Mr Chew currently is a member of the Finance and Investment Committee.



**IMMEDIATE PAST  
PRESIDENT**  
**DR TIMOTHY TEOH**

*PSYCHIATRIST*

First appointment as President:  
21 September 2018

First appointment as Deputy President:  
21 June 2016

Dr Timothy Teoh is a Senior consultant at IMH with specialisation in Psychiatry. As a medical doctor by training, his clinical expertise and psychiatric knowledge makes him an invaluable asset to SAS as he is equipped with the practical knowledge and understanding to make recommendations and improvements to SAS.

Dr Teoh has served as the President of the EXCO from 21 September 2018 to 23 September 2024, and is now the Immediate Past President of the EXCO. He currently chairs the Home Management and Quality Assurance sub-committee.



**DEPUTY PRESIDENT**  
**MS IRENE CHONG**

*CHIEF EXECUTIVE OFFICER*

Appointed:  
24 September 2024

First appointment as  
Honorary Assistant Treasurer:  
27 September 2022

Ms Irene Chong is the Partnership Director at Compassion International (Singapore) Limited, an international NGO. She has extensive experience in Strategic Planning and fund raising for various charities. She is the Chairman of Sunrise Group, MeetArts as well as the Chairman of Social Ventures in Metropolitan YMCA. She is also a board member at MY World Preschool Ltd and advisory board member at National University of Singapore Alumni. Her strong analytical and strategic management skills, finance and investment skills, business networks and board experience as a Senior Accredited Board Director by Singapore Institute of Directors have greatly benefited SAS.

Ms Chong is currently the Deputy President, Chairman of the IT sub committee and member of the Finance & Investment sub committee at SAS.



**DEPUTY PRESIDENT**  
**MR THEODOR TAN**

*ADVOCATE & SOLICITOR*

Appointed:  
24 September 2024

First appointment as  
Honorary Secretary:  
28 September 2020

Mr Theodor Tan is a legal counsel with key areas of focus pertaining primarily to the commercial and operational aspects of the global business. Equipped with experience in legal firms and commercial business, he regularly advises the Management on corporate governance and public sector regulatory and compliance matters, including issues relating to charitable organizations and healthcare related matters.

Mr Tan is currently the Chairman of the Human Resource sub-committee, as well as a member of the Governance sub-committee and Facilities sub-committee.



**HONORARY SECRETARY**  
**DR ONG GEOK CHWEE**

*CHIEF EXECUTIVE OFFICER*

Appointed:  
24 September 2024

First appointment as  
Honorary Secretary:  
24 September 2024

Dr Ong Geok Chwee is the CEO of a mobile alliance company. She brings more than 20 years of experience in the information communications industry, with particular expertise in driving market development for emerging technology. Her strength of strong competency in driving innovation and innovative mindset have benefited SAS greatly, especially in IT and Fundraising.

In addition to her professional endeavors, Dr Ong is a dedicated volunteer, serving as a Board Director for Samaritans of Singapore (SOS). She currently chairs the Fundraising sub-committee at SAS.



**HONORARY TREASURER**  
**DR NOEL YEO SHENG MING**

*MEDICAL DOCTOR*

Appointed:  
24 September 2024

First appointment as  
Honorary Assistant Treasurer:  
28 September 2020

Dr Noel Yeo is a seasoned healthcare executive with 20 years of experience driving innovation, growth, and sustainability in the industry. His career spans clinical practice, business management, and leadership roles across primary, secondary, and tertiary care. He has successfully led large healthcare networks and strategic projects, leveraging his expertise to improve patient outcomes and healthcare services.

Dr Noel holds an Executive MBA, Executive Diploma in Directorship, and Postgraduate Certificate in Medical Law and Ethics. He is an active volunteer, serving on the boards of non-profit organisations, including the Central Singapore Community Development Council, Singapore Cancer Society, NUS Business School, and Singapore Medical Association. His commitment to giving back to the community and advancing healthcare excellence is evident in his volunteer work and professional endeavors.



**HONORARY ASSISTANT  
TREASURER**  
**MR WILLIAM MAK**

*SENIOR ADVISOR*

Appointed:  
24 September 2024

First appointment as  
Honorary Assistant Treasurer:  
24 September 2024

Mr William Mak is a seasoned financial executive with over 20 years of regional leadership experience in C-suite positions at major US and European banks. Throughout his career, he has driven growth in asset servicing and management for institutional clients, including sovereign wealth funds, pension funds, investment management firms, and insurance companies.

He spent 17 years at the Monetary Authority of Singapore honing his skills in reserve and portfolio management as Director and Head of FX, Liquidity, and Gold in the Reserve and Monetary Management Department.

As former President and APAC Regional Head of Northern Trust, he oversaw the bank's regional business growth, corporate governance, operational functions, and leadership management. He also held board positions in Northern Trust's legal entities.

Currently, Mr William Mak serves as a Senior Advisor at SBI Digital Markets Pte Ltd, leveraging his expertise to support clients and regulatory relations. Additionally, he is a member of the Investment Committees of two asset owner organizations, contributing his knowledge and experience to inform investment decisions.

He is currently the Chairman of the Medifund Committee and a member of the Finance and Investment sub-committee at SAS.



**COMMITTEE MEMBER**  
**DR RICHARD TAN HAN SHING**

*BUSINESSMAN*

Appointed:  
24 September 2024

First appointment as  
Deputy President:  
21 November 2023

Dr Richard Tan Han Shing is member of the Institute of Civil Engineer (UK), Chartered Engineer (UK), Professional Engineer (Singapore). Dr Tan retired from Civil service in 1999 and currently is a director of various companies. With his vast experience and knowledge in the Engineering field, he has provided valuable advice to SAS, especially in facilities and building related matters.

Dr Tan has served on the EXCO from 1998 to 2010 and was re-nominated to the EXCO in 2014. He is also currently the Chairman of the Procurement sub-committee, and a member of the Facilities sub-committee.



**COMMITTEE MEMBER**  
**MR YEO CHUEN ENG**

*FORMER BANKER*

Appointed:  
24 September 2024

Mr. Yeo Chuen Eng, a retired Corporate and Private Banker, is a dedicated volunteer and leader in various organisations.

He currently volunteers as Advisor to the Foundation of Rotary Clubs of Singapore (FRCS) Family Service Centre, Chairman of FRCS Active Ageing Centre, EXCO Member and Governance sub-committee Chairman of Society for the Aged Sick (SAS), and is a member of SAS' Facilities sub-committee.

Previously, he held roles as Assistant Treasurer and Investment Sub-Committee Chairman at Singapore Cancer Society, and was a member of SAS' Finance & Investment sub-committee.



**COMMITTEE MEMBER**  
**MR RONALD WONG**

*PARTNER (FINANCIAL ACCOUNTING  
ADVISORY SERVICES)*

Appointed:  
24 September 2024

First appointment as  
Honorary Assistant Treasurer:  
29 January 2019

First appointment as  
Honorary Treasurer:  
28 September 2020

Mr Ronald Wong is a Financial Accounting Services Leader and Partner in a Big Four Auditing Firm.

Apart from SAS, he also volunteers at The Rotary Club of Singapore and chairs the Youth Service Committee. His experience and knowledge have helped SAS to address the various challenges, especially on the changes in Accounting Standards and policies.

Mr Ronald Wong currently is a member of the Audit sub-committee.



**COMMITTEE MEMBER**  
**MR SEBASTIAN SZETO**

*FINANCIAL & OPERATIONS  
CONSULTANT*

Appointed:  
24 September 2024

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Mr Sebastian Szeto is a chartered accountant and presently a financial & operations consultant providing full spectrum consultancy services in accounting and commercial operations. As an ex-auditor and ex-financial controller, he has acquired over 30 years of experience in diverse industries from big four accounting firms and multinational corporations. His comprehensive strength in audit and financial control is a much value-added asset to SAS.

Mr Sebastian Szeto is currently the Chairman of the Audit sub-committee.



**COMMITTEE MEMBER**  
**MR TAN CHENG CHUAH**

*CHIEF EXECUTIVE OFFICER*

Appointed:  
24 September 2024

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Mr Tan Cheng Chuah is currently the Deputy Group Chief Executive Officer of CPG Corporation. He was previously the Managing Director for Construction Professionals Pte Ltd, PM Link Pte Ltd, and PM Link Malaysia Sdn Bhd.

In addition to his corporate responsibilities, he is also the Chairman of CPG Corporation's Workplace Safety and Health Committee, which plays a crucial role in ensuring the safety and health of all employees.

Mr Tan's extensive industry knowledge and leadership skills have contributed to the transformation and growth of these companies. His technical expertise and problem-solving abilities will be an asset to SAS.

He is currently the Chairman of the Facilities sub-committee and a member of the Procurement sub-committee.



**COMMITTEE MEMBER**  
**DR Kong Jun Cheong**

*FAMILY PHYSICIAN*

Appointed:  
24 September 2024

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Dr. Kong is a family physician with a strong passion for delivering exceptional care and service. He has post-graduate diplomas in geriatric medicine, sports medicine, and family medicine. He was previously attached to the Ministry of Health and performs ad-hoc work for the Singapore Medical Council. With his extensive experience in healthcare, he is able to advise SAS on the medical related aspects of running the home effectively.

He is also an active grassroots leader, he currently serves in the Community Centre Management Committee and Community Emergency and Engagement Committee in his area.

Dr. Kong is currently a member of the Home Management and Quality Assurance sub-committee.

# SUB-COMMITTEES

as at date of report

## AUDIT

**Mr Sebastian Szeto**  
*Chairman*

**Ms Wendy Soh**

**Mr Ronald Wong**

**Ms Pang Mei Yee**

*appointed 14 March 2025*

## FINANCE & INVESTMENT

**Dr Noel Yeo**  
*Chairman*

**Mr Chew Loy Cheow**

**Mr William Mak**

**Ms Irene Chong**

## FUNDRAISING

**Dr Ong Geok Chwee**  
*Chairman*

**Mr Alister Azriel Ong Tjoe**

**Ms Gelina Goh**

**Ms Lim Peck Hui**

*appointed 22 April 2025*

**Ms Jennifer Bao**

*appointed 22 April 2025*

**Mr Zhuang Li Hao**

*appointed 22 April 2025*

## GOVERNANCE

**Mr Yeo Chuen Eng**  
*Chairman*

**Mr Theodor Tan**

**Mr Daniel Chea**

**Ms Chin Hooi Yen**

*appointed 24 June 2025*

## HOME MANAGEMENT & QUALITY ASSURANCE

**Dr Timothy Teoh**  
*Chairman*

**Dr Noel Yeo**

**Dr Paul Sim**

**Dr Kong Jun Cheong**

**Dr Meredith Chin**

## HUMAN RESOURCE

**Mr Theodor Tan**  
*Chairman*

**Mr Kiffly Marcus Araib**

**Mr Hong Siu Ming**

## INFORMATION TECHNOLOGY

**Ms Irene Chong**  
*Chairman*

**Mr Ong Beng Teck**

**Mr Chua Koon Teck**

**Mr Donny Cheah**

*appointed 11 December 2024*

**Mr Derrick Loi**

*appointed 24 June 2025*

**Mr Daniel Tan**

*appointed 24 June 2025*

## FACILITIES (BUILDING PROJECT BASED)

**Mr Tan Cheng Chuah**  
*Chairman*

**Mr Yeo Chuen Eng**

**Mr Theodor Tan**

**Dr Richard Tan**

## PROCUREMENT

**Dr Richard Tan**  
*Chairman*

**Mr Tan Cheng Chuah**

**Mr Sean See**

## MEDIFUND

**Mr William Mak**  
*Chairman*

**Ms Liew Yan Yan, Melissa**

**Dr Mok Yee Ming**

**Dr Meredith Chin**



# MANAGEMENT TEAM

as at date of report



**CHIEF OPERATING OFFICER**  
**MS KATE KOH**

Appointed to position since:  
20 September 2018

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Kate obtained her Bachelor of Accountancy from Nanyang Technological University. She started her career in one of the Big 4 accounting firms, followed by accounting positions in various MNCs.

She joined Society for the Aged Sick in 2009 as Assistant Head of Finance and subsequently progressed to the position of Chief Operating Officer in 2018.



**HEAD OF NURSING & REHABILITATION**  
**MS SANDRA QUEK**

Appointed to position since:  
1 October 2017

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Sandra has a Bachelor of Health Science in Nursing from University of Sydney (SIM) and Advance Diploma in Nursing Management.

She has about 20 years of nursing experience, registered with the Singapore Nursing Board.

Sandra joined Society for the Aged Sick since 2014 and prior to that, she was a Nurse Manager in the private healthcare setting.



**HEAD OF FINANCE & GOVERNANCE**  
**MR TONG PENG HON**

Appointed to position since:  
26 November 2018

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Peng Hon obtained his professional qualification from ACCA. He has more than 20 years of finance experience in auditing, commercial and charity sector.

Prior to joining our Home, he was a Finance Manager in an Offshore and Marine Company.



**HEAD OF MEDICAL  
SOCIAL SERVICES**  
MS NG YA HUI

Appointed to position since:  
27 May 2019

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Ya Hui obtained her Bachelor of Social Work from the National University of Singapore (NUS) and has been working in the social services sector for more than twenty years, primarily in the eldercare and healthcare setting.

Ya Hui joined our Home as the Head of Medical Social Services in 2019.



**HEAD OF  
OPERATIONS & IT**  
MR TAN YEOW KWAN

Appointed to position since:  
10 October 2018

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Tan Yeow Kwan obtained his Bachelor Of Mechanical Engineering from The University Of Newcastle (Australia). He has more than 15 years of operations related experience in various organisations such as FMCG and Process Plant companies.

In the span of his career, he was responsible for a wide spectrum of Operations functions, mainly on Managing Operations, Project Management and Building and Facilities Management.



**HEAD OF HUMAN  
RESOURCES**  
MS MYLENE SOH

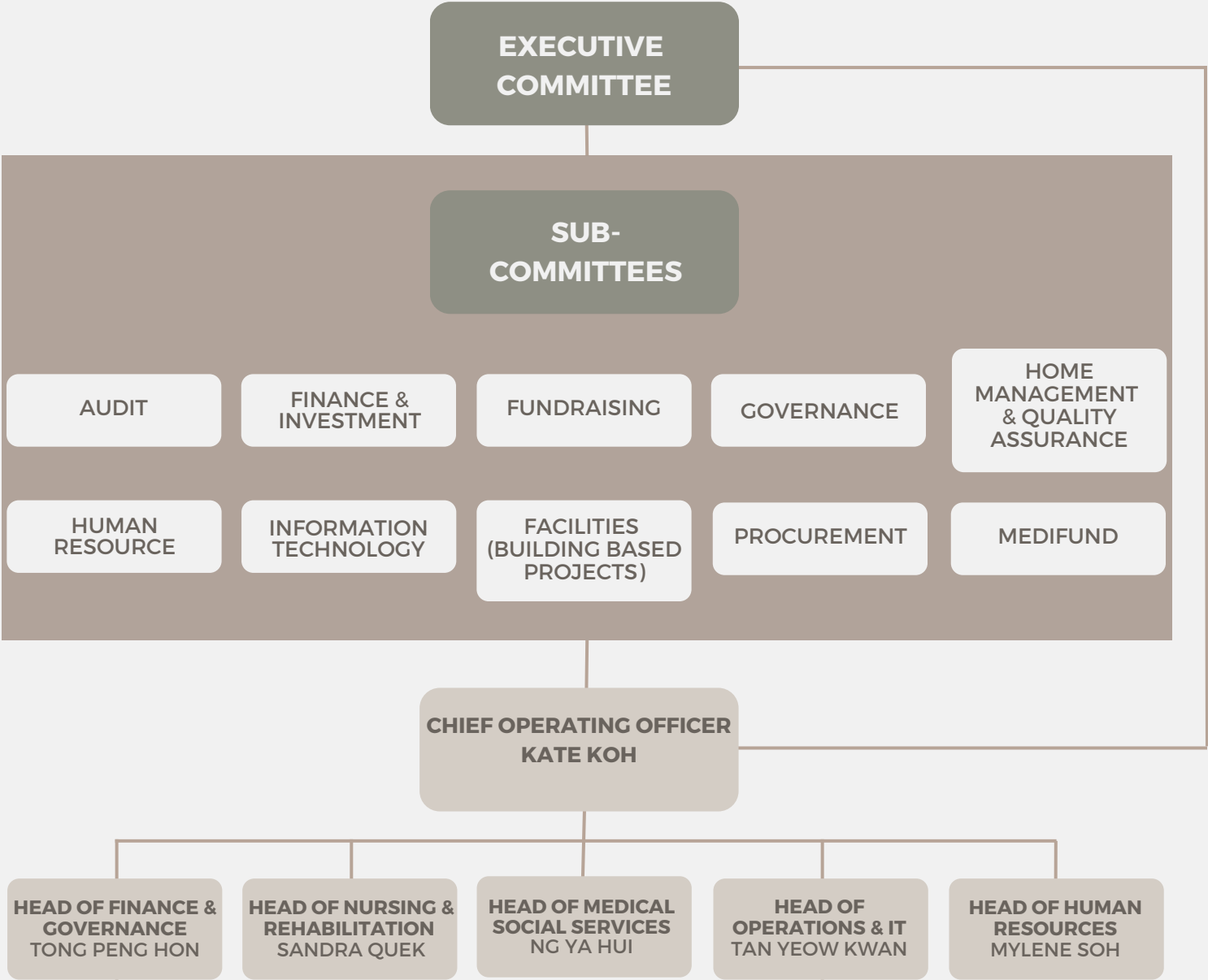
Appointed to position since:  
17 February 2025

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Mylene has a Bachelor of Business degree (major in Human Resources Management) from Royal Melbourne Institute of Technology (SIM). She has more than 20 years of HR experience in the manufacturing and private clubs sector.

She joined the Home in February 2025. Prior to that, she was the Head of HR in The American Club where she oversees the HR and Payroll functions.

# ORGANISATIONAL CHART



# GOVERNANCE

## ROLE OF THE EXECUTIVE COMMITTEE (EXCO)

The EXCO's role is to provide strategic direction and oversight of SAS's programmes and objectives, steering the organisation towards fulfilling its vision and mission through good governance. As part of this role, the following matters require EXCO's approval:

- Approval of the annual budget and monitoring of expenditure against the budget
- Approval of audited annual financial statements
- Regular monitoring of the progress of SAS's programmes
- Development and implementation of strategic plans to achieve SAS's vision and mission
- Approval of new policies and revisions to existing policies
- Awarding of vendor contracts for expenditures exceeding \$90,000

## EXCO ELECTION AND TERM LIMIT:

Under SAS's Constitution, members of the Executive Committee (EXCO) are elected at alternate Annual General Meetings, with each term of service lasting approximately two years ("Term"). The President shall not be eligible for re-election to the same role for more than three consecutive Terms, while the Treasurer may serve a maximum of four consecutive years.

As of the date of this report, the current term of all serving EXCO members will continue until SAS's Annual General Meeting in September 2026.

To ensure leadership continuity and organisational resilience, the EXCO has approved a board renewal policy and strategy. This succession planning framework is designed to maintain an appropriate mix of skills, experience, and expertise within the EXCO—aligning with SAS's mission, objectives, and long-term strategies.

Dr. Timothy Teoh Chi-Chan, Mr. Chew Loy Cheow, Mr. Yeo Chuen Eng, and Dr. Richard Tan have each served on the Executive Committee (EXCO) for more than 10 years. Given their respective skill sets and expertise—outlined in the table below—and upon the recommendation of SAS's Governance Sub-Committee, the EXCO strongly supports their continued service.

Their ongoing involvement ensures that SAS continues to benefit from their invaluable contributions, deep institutional knowledge, and strategic insights. Their presence on the EXCO will further support SAS's mission, objectives, and long-term strategies.



# EXECUTIVE COMMITTEE MEMBERS SERVED FOR MORE THAN 10 CONSECUTIVE YEARS :



## **DR. TIMOTHY TEOH**

Dr. Teoh has been a member of the Executive Committee (EXCO) since 24 June 2008 and has served as its President between 21 September 2018 and 23 September 2024. On September 2024, he was appointed as the Immediate Past President. He also chairs the Home Management and Quality Assurance Sub-Committee.

A medical doctor by training and a qualified psychiatrist, Dr. Teoh brings invaluable expertise to SAS. His professional background equips him with the insight and knowledge to contribute meaningfully to the well-being of our residents and the continuous improvement of our Home.

With his active involvement in both the EXCO and the Home Management & Quality Assurance Sub-Committee, Dr. Teoh plays a key role in shaping policies and making informed recommendations that uphold the quality of care and services provided at SAS.

## **MR CHEW LOY CHEOW**

Mr. Chew has been a member of the Executive Committee (EXCO) since 21 September 2011 and has served as the Deputy President from 21 September 2018 to 23 September 2024. He has also previously held key positions on the EXCO, including Honorary Secretary and Honorary Treasurer. On 24 September 2024, Mr. Chew was elected as the President of the EXCO.

He currently serves as a member of the Finance & Investment Committee.

With a professional background in banking and investment, Mr. Chew has worked with various established financial institutions. His strong understanding of financial risk management, coupled with in-depth knowledge of SAS's operational context, has been invaluable. He has played a pivotal role in guiding SAS toward achieving optimal financial returns within an acceptable level of risk.

## MR YEO CHUEN ENG

Mr. Yeo has served as a member of the Executive Committee (EXCO) since 17 January 2012. He currently chairs the Governance Committee.

Mr Yeo previously served as a Director at Standard Chartered Private Bank. Beyond his role at SAS, he actively volunteered with various organisations, including the Foundation of Rotary Clubs Singapore Family Service Centre and Eldercare Centre, as well as the Singapore Cancer Society's Investment Committee.

With his broad experience and knowledge across the charitable and financial sectors, Mr Yeo has provided valuable counsel to SAS over the past 13 years. His contributions span key areas such as finance and investment, governance, and facilities management – always in the best interest of the organisation and its residents.

## DR RICHARD TAN

Dr. Richard Tan has served on the Executive Committee (EXCO) since 10 June 2014. He currently chairs the Procurement Committee and is a member of the Facilities Committee.

Dr. Tan is a member of the Institution of Civil Engineers (UK), a Chartered Engineer (UK), and a registered Professional Engineer in Singapore. He also serves as a director of various companies.

With his extensive experience in engineering and business, as well as his deep familiarity with the SAS environment, Dr. Tan has consistently provided valuable and practical advice—particularly in matters related to facilities and building management. His expertise has been instrumental in supporting SAS's infrastructure and operational needs.



## EXCO MEETINGS AND ATTENDANCE:

A total of five Executive Committee meetings were held during the financial year. The following sets out the individual Executive Committee member's attendance at the meetings:

| NAMES OF EXECUTIVE COMMITTEE MEMBERS                 | % OF ATTENDANCES |
|------------------------------------------------------|------------------|
| Mr Chew Loy Cheow                                    | 100%             |
| Dr Timothy Teoh                                      | 80%              |
| Ms Irene Chong                                       | 80%              |
| Mr Theodor Tan                                       | 60%              |
| Dr Ong Geok Chwee                                    | 80%              |
| Dr Noel Yeo                                          | 20%              |
| Mr William Mak<br>(Elected on 24 September 2024)     | 100%             |
| Dr Richard Tan                                       | 80%              |
| Mr Yeo Chuen Eng                                     | 100%             |
| Mr Ronald Wong                                       | 80%              |
| Mr Sebastian Szeto                                   | 80%              |
| Mr Tan Cheng Chuah                                   | 80%              |
| Dr Kong Jun Cheong<br>(Elected on 24 September 2024) | 100%             |

## EXCO SELECTION PROCESS

Prior to the expiry of each Term, the Governance Committee will conduct a review and provide recommendations to the Board regarding its composition to ensure that it maintains an appropriate mix of skills, experience, and expertise. This review will consider the following factors:

- The annual Board effectiveness review
- The contribution and performance of each Board member
- Compliance with SAS's Code of Conduct

Subject to the specific provisions of the Constitution, Board members are generally expected to serve no more than five consecutive Terms. However, upon the Governance Committee's recommendation, the Board may request a member to serve additional Terms if it determines that the member's skill sets, experience, and expertise are essential for the continued support of SAS's mission, objectives, and strategies.



## EXCO TRAINING AND EVALUATION

The Governance Committee will ensure that:

((a) New appointees to the Board understand SAS's charitable objectives, relevant charity laws and regulations, and the Code of Governance.

((b) New appointees acknowledge and agree to the time commitment and participation expectations of Board members, as well as fully understand their duties and responsibilities.

((c) Policies are developed and implemented for the orientation of new Board members, as well as ongoing Board development and training.

In accordance with the Governance Sub-Committee's Terms of Reference, the EXCO is required to conduct a self-evaluation of its performance and effectiveness at least once per Term.

| SUB-COMMITTEES                               | TERMS OF REFERENCE:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Audit Committee (AC)</b>                  | The AC oversees the integrity of the financial statements and reviews the overall scope of both external and internal audits to ensure the adequacy of SAS's internal financial controls. The AC has also reviewed SAS's financial statements as well as the auditor's report for the financial year that concluded on 31 March 2025.                                                                                                                                                                              |
| <b>Finance and Investment</b>                | The Finance and Investment Committee is responsible for overseeing SAS's financial operational controls and risk management, budget planning and monitoring, and capital asset management. The Committee also manages SAS's reserves and investments to ensure that the authorising maintains adequate reserves for long-term financial sustainability.                                                                                                                                                            |
| <b>Fundraising</b>                           | The Fundraising Committee oversees all of the charity's fundraising activities to ensure compliance with applicable laws and regulations. The Committee also ensures that any fundraising conducted by third parties aligns with the Society's objectives.                                                                                                                                                                                                                                                         |
| <b>Governance</b>                            | The Governance Committee shapes the governance framework of SAS by developing and recommending to the EXCO a set of governance principles, standards, and practices that align with Charity law and the Code of Governance.                                                                                                                                                                                                                                                                                        |
| <b>Home Management and Quality Assurance</b> | The Home Management and Quality Assurance Committee assists the EXCO in establishing, monitoring, and maintaining internal systems and controls to provide reasonable assurance that SAS operates efficiently, with quality standards that safeguard the safety and dignity of its residents.                                                                                                                                                                                                                      |
| <b>Human Resource</b>                        | The Human Resource Committee assists the EXCO in establishing, monitoring, and maintaining appropriate human resources and employment practices, ensuring that HR policies comply with applicable laws. The Committee also advises on staff salary competitiveness to support retention and attract talent.                                                                                                                                                                                                        |
| <b>Procurement</b>                           | The Procurement Committee assists the EXCO in establishing, monitoring, and maintaining a procurement strategy and internal control systems to ensure that SAS's purchasing decisions are prudent, deliver value for money, and are conducted transparently and in compliance with applicable laws.                                                                                                                                                                                                                |
| <b>Information Technology (IT)</b>           | The IT Committee assists the EXCO in fulfilling its oversight responsibilities regarding SAS's IT activities. The Committee ensures that SAS's IT programs support the organisation's long-term goals and strategic direction. It also oversees risks related to the quality and effectiveness of IT data security, data privacy, and disaster recovery capabilities. Additionally, the Committee advises the EXCO and management team on IT matters.                                                              |
| <b>Facilities (Building Project Based)</b>   | The Committee assists with the building development and construction at SAS's premises whenever the EXCO approves a project for such development and construction (a "Project").                                                                                                                                                                                                                                                                                                                                   |
| <b>MediFund Committee</b>                    | The Medifund Committee reviews and approves Medifund applications from eligible residents and administers payments from the Medifund account. In considering each application and authorising payments, the Committee ensures that all cases comply with the Medical and Elderly Care Endowment Schemes Act (MECESA), its corresponding regulations, and any directives or guidelines issued by the Ministy. Additionally, the Committee ensures that the Medifund account does not go into overdraft at any time. |

## DISCLOSURE OF REMUNERATION AND BENEFITS RECEIVED BY EXCO MEMBERS:

No EXCO members were remunerated for their EXCO services in the financial year.

*The Chairman and members of the Sub-Committee can be found on page 6-11 of the Annual Report.*

## DISCLOSURE OF REMUNERATION AND BENEFITS RECEIVED BY MANAGEMENT TEAM:

The remuneration received by the Management Team can be found in **Note 3** of the Financial Statements. None of the Management Team members serves on the EXCO.

There are no paid staff who are close members of the family of the Executive Head or EXCO members, who each receives total remuneration of more than \$50,000 during the year.

No Management staff is involved setting his or her own remuneration.

## CONFLICT OF INTEREST POLICY:

SAS has a conflict of interest policy that requires prompt disclosure of any actual or potential conflicts related to proposed transactions involving SAS. Individuals with such conflicts must recuse themselves from discussions and decision-making concerning the transaction. The policy further stipulates that a proposed transaction may only proceed if it involves a competitive bid or a comparable valuation, and if the EXCO determines that the transaction is in the best interests of SAS.

## WHISTLE BLOWING POLICY:

SAS has established a whistle-blowing policy to provide a clear channel for raising concerns regarding potential wrongdoing or improprieties related to financial or other matters within the Home.

## VOLUNTEER MANAGEMENT POLICY:

All volunteer involvement and management at SAS are guided by the Volunteer Management Policy. This policy covers the recruitment and selection process, training and development, supervision and evaluation, volunteer recognition, and the maintenance of volunteer records.

## GOVERNANCE EVALUATION CHECKLIST:

The Society's Governance Evaluation Checklist and its level of compliance in relation to the financial year under review may be viewed at [www.charities.gov.sg](http://www.charities.gov.sg).





# OUR SERVICES

At Society for the Aged Sick (SAS), we provide residential care services to people in need of daily skilled nursing care and/or assistance in activities of daily living and who cannot be cared for at home, particularly the less privileged.

To ensure that residents of the home receive holistic care during their stay here with us, we also provide a range of other services to meet their needs.

- (i) Physiotherapy
- (ii) Occupational therapy
- (iii) Psychosocial support
- (iv) Palliative and end-of-life care
- (v) Social activities and outings
- (vi) Medical care
- (vii) Speech therapy
- (viii) Nutrition and dietary services
- (ix) Pharmacist reviews





# SAS AT A GLANCE

As at 31 March 2025

## Average Occupancy Rate

**2024**  
**370**  
RESIDENTS  
**90.1%**

**2025**  
**395**  
RESIDENTS  
**97.1%**

## Mobility category



**Category 2** FY24: 0.6%  
semi-ambulant FY25: 0.3%

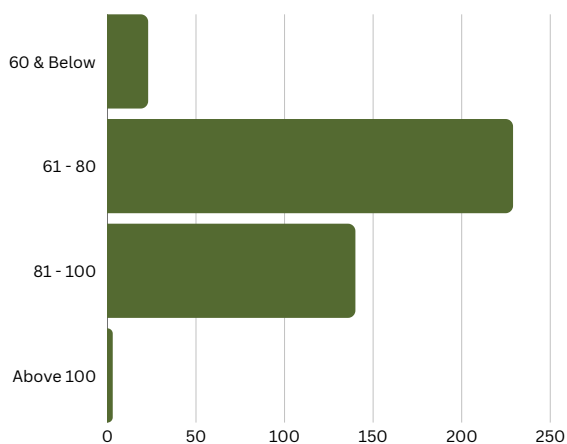


**Category 3** FY24: 47.0%  
wheelchair-bound FY25: 52.9%

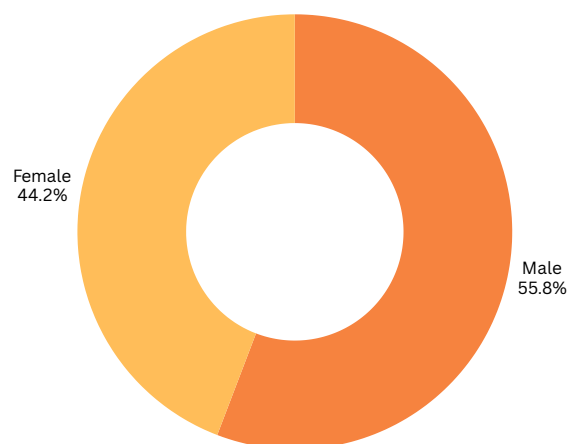


**Category 4** FY24: 52.4%  
bed-bound FY25: 46.8%

## AGE PROFILE



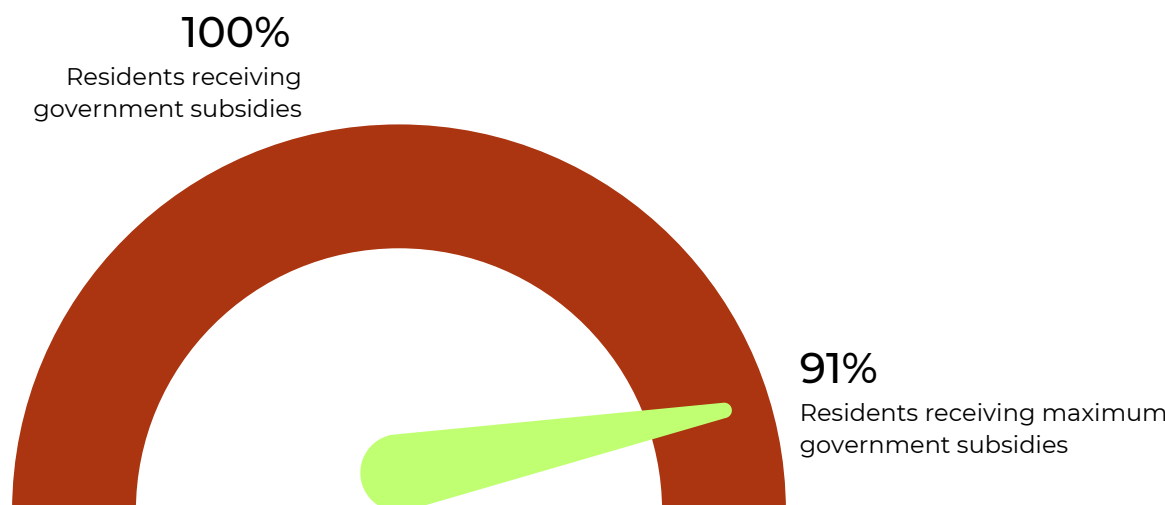
## RESIDENTS' PROFILE



# SERVING THOSE IN NEED

## Subsidies

As a not-for-profit charity organisation, SAS is dedicated to serving those in need of nursing and medical care, especially those from low-income families and those who have no familial support.



## Helping the financially disadvantaged



43%

of our residents are without family or Next-of-kin's financial support

## Donations received in FY25



\$910,882  
in monetary donations



\$201,581  
in donations in-kind

# RESERVES POLICY

SAS' reserves level as at 31 March 2025:

|                                                      | CURRENT YEAR<br>(S\$) | PREVIOUS YEAR<br>(S\$) | % INCREASE /<br>(DECREASE) |
|------------------------------------------------------|-----------------------|------------------------|----------------------------|
| Unrestricted Funds<br>(Reserves)                     | 27,667,160            | 23,673,522             | 16.87%                     |
| Restricted / Designated<br>Funds:                    |                       |                        |                            |
| • Building Reserve                                   | 2,628,954             | 2,544,760              | 3.31%                      |
| • Computerization Fund                               | 11,062                | 39,871                 | (72.26%)                   |
| • Bob and Hazel Booker<br>Memorial Fund              | 100,670               | 99,212                 | 1.47%                      |
| Annual Operating Expenditure                         | 19,247,880            | 18,243,679             | 5.50%                      |
| Ratio of Reserves to Annual<br>Operating Expenditure | 1.44 years            | 1.30 years             |                            |



The reserves we have set aside provide financial stability and ensure the continued development of our charitable activities. We aim to maintain our reserves at a level equivalent to at least 12 months of operating expenditure. The reserves are intended to be utilised in the following manner:

- to meet unexpected expenditure or contingencies
- to cover for delays between spending and receipt of donations or grants.

The EXCO regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations.

## Purposes of restricted funds:

### (i) **Building Reserve**

This reserve is designated for renovation, maintenance, and repair services related to the leasehold building.

### (ii) **Computerization Fund**

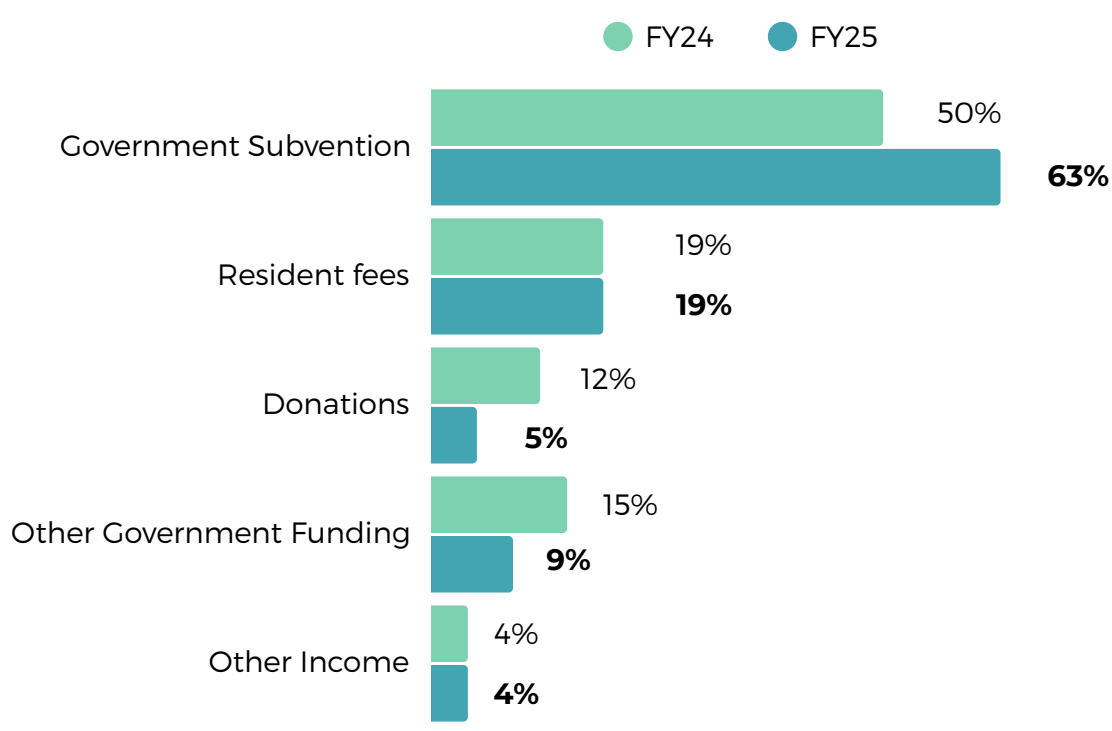
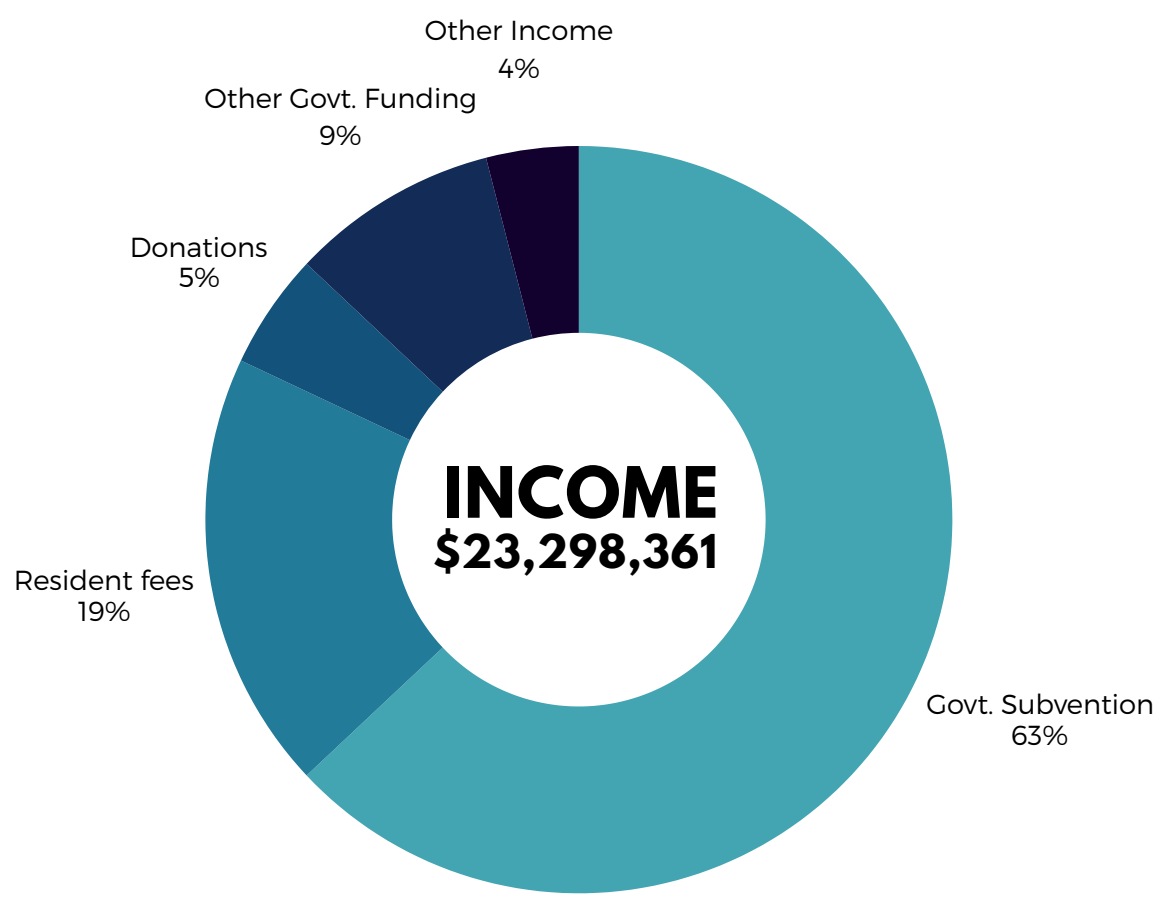
This fund is set aside for upgrades and enhancements to SAS's IT systems.

### (iii) **Bob and Hazel Booker Memorial Fund**

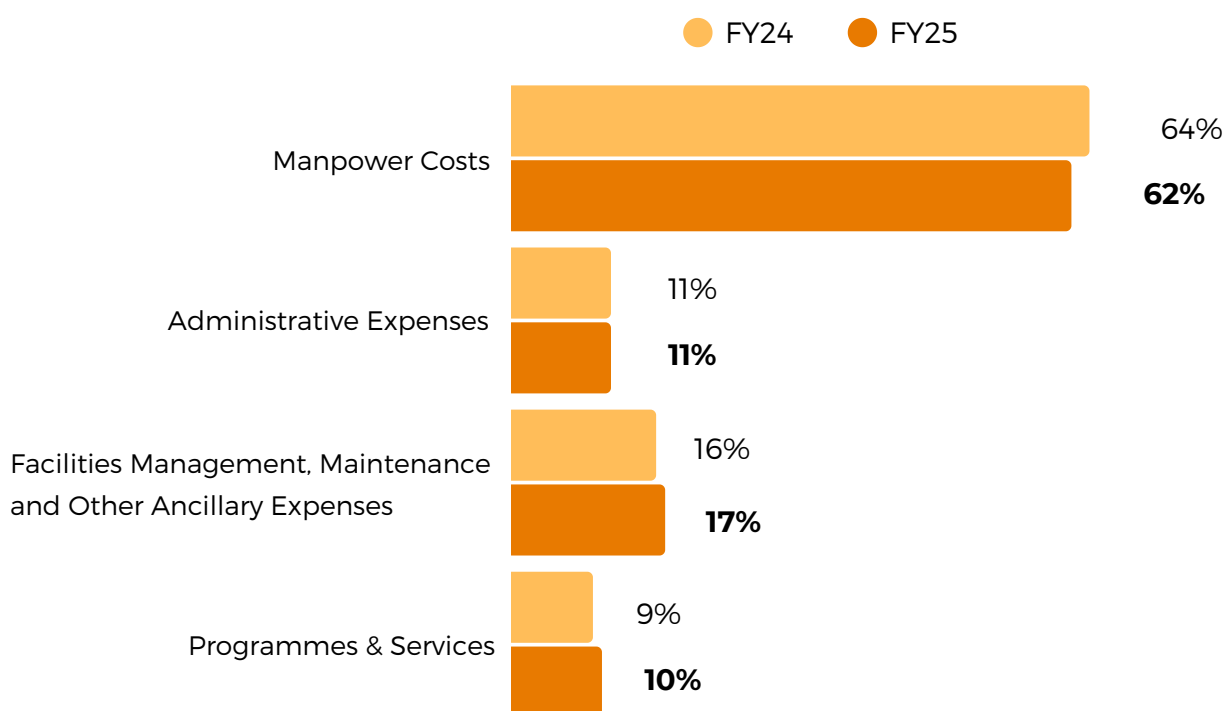
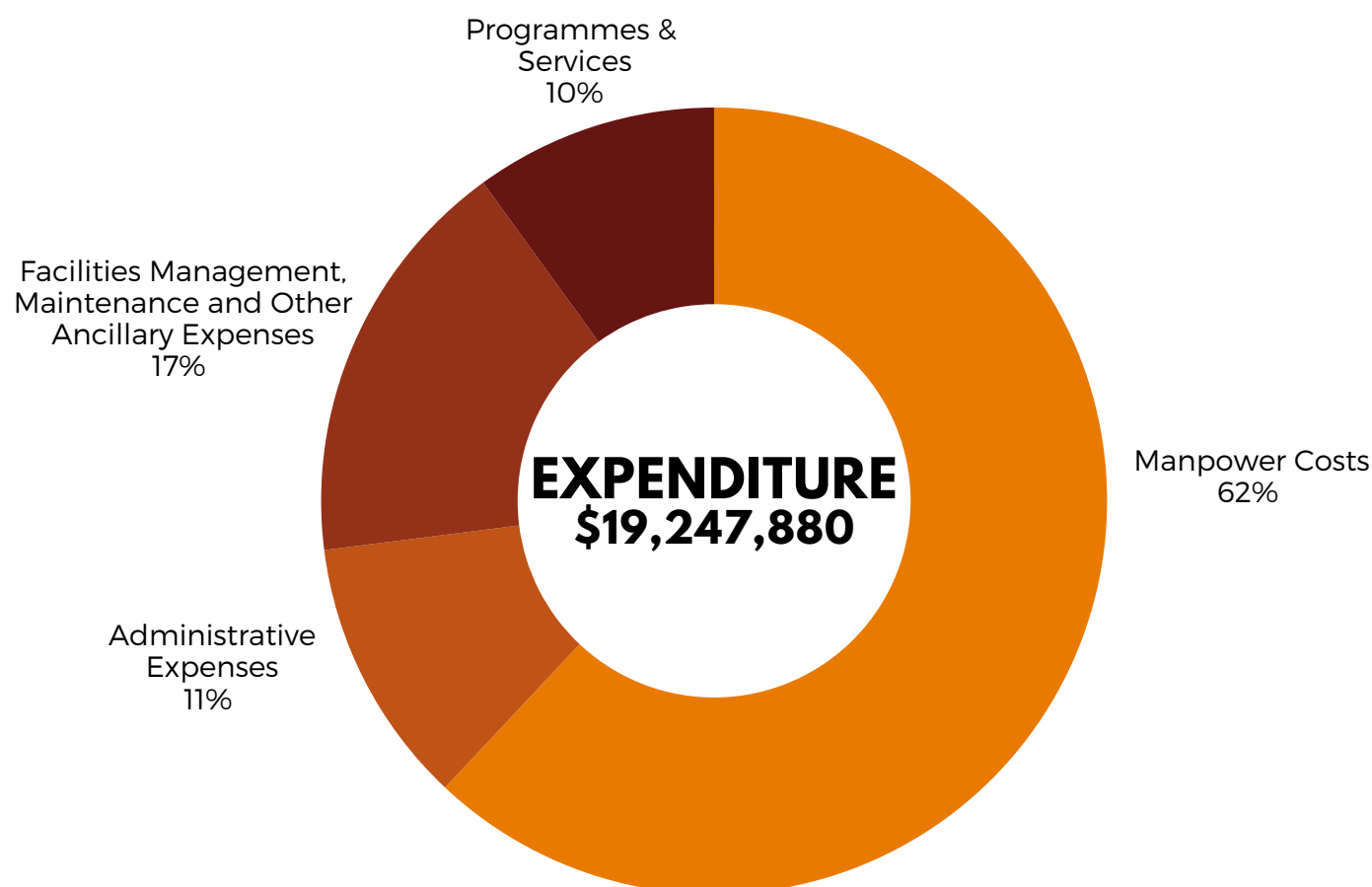
*(previously named as R.K. Booker Memorial Fund)*

This fund supports scholarships and training for SAS staff. SAS plans to utilise this fund to support ongoing staff training and development initiatives.

# SOURCES OF INCOME



# SOURCES OF EXPENDITURE



# FINANCIAL HIGHLIGHTS OF THE YEAR

## SUMMARY FINANCIAL PERFORMANCE

|                      |                      |                     |
|----------------------|----------------------|---------------------|
| Total Income:        | Total Expenditure:   | Surplus:            |
| <b>\$23,298,361</b>  | <b>\$19,247,880</b>  | <b>\$4,050,481</b>  |
| (FY24: \$20,357,582) | (FY24: \$18,241,243) | (FY24: \$2,116,339) |

For the financial year ended 31 March 2025, SAS generated a surplus of \$4 million. This is about \$2 million higher than our previous financial year.

The increase in surplus was primarily driven by higher occupancy rates and an increase in government subvention grants, which supported both salary adjustments in the healthcare sector and rising operating costs. These gains were partially offset by a decline in donations and the impact of higher overall operating expenses.

### 1. Income

The increase in income was mainly due to higher occupancy rates and government subvention grants. However, the cessation of funding under the Community Care Salary Enhancement exercise (CCSE) and a decline in donations have partially offset this increase.

### 2. Expenditure

Operating costs increased by approximately \$1 million, primarily due to the higher occupancy rate and cost pressures from external factors.

Specifically, expenses related to resident nursing care, facilities management, maintenance, and other ancillary services rose in line with the increased occupancy and efforts to enhance the quality of care provided to our residents. External cost pressures further contributed to the overall increase in operating expenses.

## MAJOR FINANCIAL TRANSACTIONS DURING THE YEAR

SAS's cash and cash equivalents increased by \$2 million (12%) during the year, primarily due to the operating surplus generated. Additionally, \$1.5 million was invested in a money market fund during the financial year.

## PURPOSE OF CHARITABLE ASSETS HELD

Total assets held by SAS amount to \$43,137,476 as at 31 March 2025, of which

(i) \$19,652,996 or 45% is held in the form of cash and fixed deposits. Of this, \$7,851,524 is placed with fixed deposits.

(ii) SAS has invested total amount of \$7 million in Money Market Fund. These investments are classified and measured at fair value through profit and loss (FVTPL) as required by FRS 109. SAS has recognised fair value gain of \$224,222 (2024: 143,886) from investment in the profit or loss in FY25. Fair value for the investment as of 31 March 2025 is \$7,375,704.

(iii) \$8,167,097 (19%) is held in the form of property, plant and equipment.

These include the leasehold building at 130 Hougang Avenue 1 where the Home is located, vehicle and furniture and equipment that support the operations of the Home.

(iv) \$4,901,915 (11%) is the prepayment of lease renewal premium to Singapore Land Authority for the 30-year lease from 1 September 2018 to 30 August 2048.



# ENVIRONMENT, SOCIAL, AND GOVERNANCE (ESG) REPORT



## OVERVIEW OF SAS' ESG STRATEGY

At SAS, our ESG strategy reflects our mission:

- Adding Years of Quality Life to the Elderly
- Providing quality care to the aged sick and destitute.

We believe compassionate care goes hand-in-hand with protecting the environment, supporting our community, and maintaining strong governance. Our sustainable practices enhance our ability to serve with dignity, empathy, and respect.

## ENERGY EFFICIENCY

Using energy-saving appliances and practices to reduce carbon footprint



## DIGITALISATION AND REMOTE WORK

Leveraging Technology to Reduce Carbon Emissions



## ENVIRONMENTAL STEWARDSHIP



Reducing waste and promoting sustainability through reuse and recycling

**SMALL ACTIONS TODAY,  
A SUSTAINABLE  
TOMORROW**



# SOCIAL INITIATIVES

## CARING FOR OUR COMMUNITY

As a non-profit, SAS is committed to serving vulnerable seniors regardless of their financial background. We provide not just physical care, but emotional and spiritual support, including religious programmes aligned with residents' beliefs.

### SOCIAL RESPONSIBILITY



# 1839

individuals volunteered with us, providing quality support to vulnerable seniors in our nursing home



## FAIR EMPLOYMENT PRACTICES

# 67%

Female Representation in Management Team

# 14

Employees aged 63 and above



**EMPOWERING OUR PEOPLE, ENRICHING OUR COMMUNITY - EVERY ACTION COUNTS TOWARDS A BETTER TOMORROW**

# GOVERNANCE

## UPHOLDING INTEGRITY AND ACCOUNTABILITY

Strong governance is key to our mission. We are committed to transparency, accountability, and ethical leadership.

**Compliance and Leadership:** We adhere strictly to the Code of Governance for Charities and IPCs. Our Executive Committee (EXCO) provides strategic oversight, with annual conflict-of-interest declarations.

**Board Renewal Policy:** Ensures leadership continuity and introduces fresh perspectives through defined term limits and succession planning.

**Data Protection Framework:**

Appointed a Data Protection Officer and adopted a PDPA-aligned policy to safeguard personal and sensitive data.

**Anti-Money Laundering and Terrorism Financing activities (AML/TF) Policy:** Adopted policy to ensure responsible financial transactions and compliance with legal standards, safeguarding charitable funds.

*For our Whistle-blowing policy, and Conflict of Interest, please refer to page **20**.*

# 100%

Compliance with the  
Code of Governance for FY24

# <30%

Fundraising Efficiency Ratio

# 0

Cases of corruption or  
fraud



## CHARITY TRANSPARENCY DEDICATION AWARD 2024

We are proud to announce that SAS has been awarded the Charity Transparency Dedication Award 2024, a testament to our commitment to good governance and transparency. As a charity organisation, we strive to uphold practices that strengthen public trust and foster a sense of community spirit to support those in need.

The Charity Transparency Award, an initiative of the Charity Council, recognises charities that demonstrate excellent disclosure practices in accordance with the Charity Transparency Framework. This framework aligns with the Code of Governance for Charities and Institutions of a Public Character (IPC) 2017, emphasising transparency across nine key dimensions. We are honoured to be recognised for our dedication to transparency and good governance, and we look forward to continuing our work in serving the community.



# AIC COMMUNITY CARE DAY

We were honored to host Community Care Day 2024, an annual celebration organised by the Agency for Integrated Care (AIC) to recognise the hard work and dedication of individuals in the community care sector. This year, AIC chose multiple venues islandwide to host the event, and we were delighted to be one of them.

A huge congratulations to Avenue One, our very own band, for winning 1st place in the group category performance in the Community Care Got Talent competition! Consisting of talented staff members Raisa, Brent, Frank, Indika, Ze Lamaung, and manager Ethel, Avenue One's victory is a testament to their hard work and passion for music.

The event featured talented performers from various healthcare institutions, as well as carnival booths with delicious snacks and interactive games with prizes, all conducted on our home ground by AIC. We extend our heartfelt gratitude to AIC for celebrating the dedication of our healthcare staff and for choosing SAS as a venue for this special day.





## CHINESE CLUB 开心学华语

Formed in June 2024 by Nurse Manager Tan Bao Zhen and Nurse Clinician Molly Daw Aye Aye Thant, Chinese Club's aim is to encourage our foreign staff to learn basic chinese in a fun way.

Currently, the Chinese Club members are made up of various nationalities. Staff from Myanmar, Philippines, and India, have joined with the expressed purpose to expand their language skill sets so that they can better communicate with some the elderly residents that can only speak Mandarin.



One of the ways the Chinese Club's members have been picking up the language is through popular songs from eras. Learning the meaningful words in the lyrics helped to ease them into the complexities of the language.

They have performed the mandarin songs they learnt on several internal events such as Family Day and Volunteer Appreciation Day.



# HAND HYGIENE DAY 2024

Clean Hands Save Lives

Hand hygiene - whether it's washing hands or just rubbing it down with sanitiser - it's a simple action that we often take for granted. Good hand hygiene is the first line of defense against viruses, making it even more important in a healthcare setting.

To emphasise just how crucial this simple act is, we had a get together with staff and residents. The core message of our celebration: "Clean Hands Saves Lives". We held a carnival replete with game booths, performances, competitions, and activities - all to help with remembering the handwashing steps and best practices for disinfection.

The games and art challenges made use of different creative ways to make sure everyone is well-versed in the steps of handwashing and using sanitisers. Our staff across the wards also choreographed dances to help make remembering the steps easier. We also had finger foods during the celebration, of course after practicing some good hand hygiene.

Congratulations once again to wards M3 and M4 for winning the performance contest!

You can find winning posters that show the steps at all washing hand stations at SAS.





# TEAM BUILDING & STAFF WELFARE INITIATIVES

At SAS, we recognise the importance of working as a cohesive and supportive team. To foster camaraderie and relaxation, we organised an overseas trip for our staff, offering a choice between Johor Bahru and Genting. This trip provided a wonderful opportunity for staff to unwind and recharge.

In addition to the overseas trip, our nursing and care team engaged in a friendly bowling competition that spanned several weeks. This fun-filled activity not only promoted teamwork but also allowed staff from different wards and departments to mingle and build relationships.

We believe that team bonding activities like these play a vital role in strengthening our team's bond, deepening understanding of each other and enhancing our work environment. By providing opportunities for staff to connect and have fun together, we aim to promote a sense of community and well-being. We hope that everyone had a great time and enjoyed the chance to unwind with their colleagues.



# MAKING WAVES IN THE NEWS

In the lead up to Nurses' Day 2024, two of our nurses, Senior Staff Nurse (SSN) Thilagewathi Manoharan and Senior Enrolled Nurse (SEN) Nur Hafizah Raduan, were featured on Tamil Murasu news and Berita Harian news respectively.

For the past 12 years SSN Thila has been with SAS, she is known to have a close rapport with residents and ward staff alike. Her friendly disposition makes her approachable - even for residents who face language barriers when speaking with her, she always makes it work.

SSN Thila lives in Johor Bahru and makes the daily commute back and forth to SAS. When asked how she is able to persevere through the lengthy hours of travel and work, she cites her strong family support as well as her passion for the people at SAS as her source of motivation.



SEN Hafizah has been with SAS ever since she started her career as a nurse 15 years ago. Her passion and care is not only an inspiration to us, she has also inspired her siblings to jumpstart their careers in nursing as well. Both her sisters are currently nurses at other healthcare institutions.

Over the years, SEN Hafizah has fostered such a close bond with our residents that they consider her family. Her presence gives them a sense of security, knowing that they are in good hands.

We are proud to announce that Senior Staff Nurse Cing Deih Dim Monica has received the prestigious MOH Nurses' Merit Award 2024. This esteemed recognition is a testament to SSN Monica's unwavering dedication, compassion and commitment to excellence in delivering quality care to our residents.

The award, presented by Health Minister, Mr Ong Ye Kung, acknowledges SSN Monica's outstanding contributions to the nursing profession. This recognition not only honors her achievements but also motivates our staff, highlighting the value of their hard work, dedication and love for the individuals they care for daily.



# DISCOVERING NEW EXPERIENCES

This year, we have been incredibly fortunate to have volunteers sponsor and bring our residents to new and exciting locations, many of them for the first time.

## GOLFING

In June, our residents were invited to Keppel Club to try out golfing. Our hosts were extremely accommodating with our residents who were not as mobile, and suggested they try their indoor Golf Simulation game. Needless to say, our residents had a great time, many of whom were trying out golf for the very first time.

## PRAWNING

In August, a team from HSBC Singapore brought our residents to go prawning. It was the first time for many of our residents who were apprehensive at first on how they would be able to make a catch with limited mobility. However, with the help of our volunteers, who kept cheering our residents on, all of our residents managed to catch at least one prawn by the end of the session. The prawns were cooked up into a delicious soup after that. Our volunteers even conducted some games and karaoke for our residents to unwind after the rigorous battle with the crustaceans.

## BIRD WATCHING

In November, our friends from Samsung Singapore brought a group of our residents to the newly built Bird Paradise. Our meticulous volunteers did up a program for our residents after scouting out the new location and coming up with a route that was wheelchair friendly.

Our residents particularly enjoyed the Penguin Cove which consisted of many large enclosures. Many of our residents were fascinated to see the birds waddle slowly on land but become graceful swimmers once they entered the water. All in all, it was a fun day with our volunteers going through the winding aviaries and enclosures.



# PARTNERSHIPS



## A Long-term Partnership with Woh Hup

We are deeply grateful for the unwavering support of our volunteers from Woh Hup, who have become an integral part of our nursing home community. Through their monthly visits, they have formed lasting bonds with our residents, engaging them in a variety of activities that bring joy and stimulation to their lives. From playing games like Rummikub, bingo, and Mahjong to creating handmade flowers for special occasions, our Woh Hup volunteers have consistently demonstrated their kindness and compassion.

Their involvement with SAS has been truly multifaceted. They have generously sponsored and painted a vibrant mural in our gym, donated vouchers and daily rations that our residents use to meet their daily needs, and even invited our residents to a heartwarming quarterly luncheon at a restaurant with elderly from other homes. These thoughtful gestures have not only enriched our residents' lives but also fostered a sense of community and belonging.



## A Heartfelt Partnership with Poco Productions

In 2024, we were incredibly fortunate to establish a pro bono partnership with Poco Productions. Their dedication and patience in listening to our residents' stories, combined with their creativity, resulted in a beautifully crafted video that portrayed the lives of several residents at our nursing home.

Our residents' stories have since reached more people who have begun contributing and lending their support. While our filming has since wrapped up, the lasting impact of Poco Production's storytelling continues to connect and inspire more in our community.

Check out their video on our SAS YouTube channel!





# PET WITH ME

In February 2025, we introduced our residents to our very first furry volunteers in our Pet With Me program. This is an animal assisted program aimed to uplift the spirits of our residents with therapeutic benefits of companionship.

The joy that these animals bring is immeasurable. We witnessed firsthand the incredible impact of animal companionship. Our residents experienced noticeable mood lifts, shared laughter at the playful antics of their new four-legged friends, and even found themselves recalling long-forgotten memories from as far back as their childhood in the 1930s. Many found comfort simply by feeding snacks and petting our doggy visitors, fostering a sense of connection and warmth.

We are incredibly grateful to our volunteers and supporters who helped make Pet With Me a reality. Your contributions and dedication allow us to continue bringing smiles and comfort to our residents. We are now collecting funds to keep this meaningful program ongoing, hopefully for the long run.



## ABOUT PET WITH ME

Pet With Me is a monthly Animal Assisted program aimed at bringing therapeutic benefits to our seniors through brief, interactive activities and companionship that has allowed for significant improvements in moods and behaviours.

This program has been made possible by the combined efforts of donors to fund our seniors' interaction with the friendliest and most patient of furry volunteers we have.





# SAS APPRECIATION DAY LUNCHEON

On 5th October 2024, we hosted the annual Appreciation Day luncheon, a heartfelt celebration of gratitude to our esteemed volunteers, donors, board members and partners. This special event honors their unwavering support, contributions and dedication to enhancing the lives of our residents.

The afternoon began with an energetic performance by our resident drummers, who set the tone for the event with their captivating percussion skills. Our newly crowned winners from Community Got Talent, Avenue One, took the stage and delighted the audience with their soulful renditions of popular hits. As they performed their final number, the energy was palpable, with many guests getting up to dance and groove to the music.

This event is a testament to the power of community and the impact of collective efforts. It brings together like-minded individuals who share a passion for caring for others, providing a platform for them to mingle, network and witness the tangible returns of their selflessness. The performances and feedback from our residents served as a poignant reminder of the difference that their support makes in the lives of others.

We extend our deepest gratitude to all who have supported us over the years. Your kindness, generosity and dedication have been instrumental in enabling us to provide quality care and services to our residents. We cherish the relationships we have built and look forward to continuing our journey together.



# CALLIGRAPHY

Over a span of two months last year, a group of our residents attended weekly Chinese Calligraphy sessions conducted right here in our Home. Chinese Calligraphy is an art form rich in history. A group of our residents showed great interest and were extremely keen to delve into this as part of their culture.

This mindful activity helped our residents to practice their attentiveness and motor skills with each stroke and curve of the brush. Their enthusiasm became evident as they each fell into a therapeutic lull filling multiple sheets whilst practicing their handwriting strokes.

Studies have shown how engaging in calligraphy has the potential to help stroke patients improve motor impairments and upper limb function. We also hope that this will leave our residents empowered while showing others that hobbies and interests can also serve as a form of rehabilitation.

After two months of hard work, our residents were each presented a certificate of completion to celebrate their achievement. They also carefully wrote and presented personal couplets to show their gratitude to Mr Heng, their dedicated instructor.

A big thank you to Mr Heng from the Nanyang Calligraphy for conducting the weekly sessions for our residents. We are deeply honoured and grateful to be able to give our residents such a cultural, intellectual, and artistic opportunity to express themselves.





# MOVIE SCREENING

Starting in 2025, our Resident Care (RCAs) team has been screening movies on a monthly basis. The movies are carefully chosen based on residents' preferences, spanning over genres such as comedy and action.

One of the plus points about screening movies as an afternoon activity is the inclusiveness it brings. We can bring our bed bound residents as well as our wheelchair residents to join in the movie.

This initiative is not only to create enjoyable experiences for our residents, but also to foster social interactions. There's the shared excitement that bubbles up before the movie that sparks into conversations. More often than not, it's a movie with actors or actresses they have grown up watching and you can hear our residents chatting about it.

Watching movies is a therapeutic activity for many and we are glad that this mass activity has been embraced with such positivity.



# FUNDRAISING

Even after government subsidies, there are still substantial daily necessities that are not accounted for. That's where a big portion of our fundraising goes towards to - their every day needs, as well as transportation to outpatient appointments.

**AMOUNT RAISED:**  
**\$150,910**

(As at 31 March 2025; before Toteboard's matching grant)



**SOCIETY FOR THE AGED SICK**

Share a meal with those in need

## MEALS THAT MATTER

- Modified Meals
- Tube Feeding

Follow us @SASnursinghome

Contact Us enquiry@societysick.org.sg

**x2** Our Tote Board matching DOUBLES your donation!

## MEALS THAT MATTER

Many of our residents require special meals – almost 42% need their food finely chopped or blended due to dysphagia (a medical condition that causes swallowing difficulty), and another 24% rely on daily milk feed (every three hours).

These specialised diets are crucial for their health, yet the cost of providing such meals keeps on escalating.

## WHEELS OF CARE

In order to go for outpatient medical appointments, tests, dialysis treatments, and the such, most of our residents require a specialised transport that can ferry either wheelchairs or a hospital bed.

Despite the rising costs, we want to ensure that every resident can access necessary medical services to improve their quality of life.

## WHEELS OF CARE

Help Us Provide Essential Wheelchair Transport for Our Elderly Residents

**x2** Our Tote Board matching DOUBLES your donation!

**SOCIETY FOR THE AGED SICK**

WWW.SOCIETYAGEDSICK.ORG.SG

@SASNURSINGHOME

## DIAPER DASH FOR A CAUSE

Your support matters more than ever

**x2**

Our Tote Board matching DOUBLES your donation!



www.societysick.org.sg

@SASNURSINGHOME

## DIAPER DASH FOR A CAUSE

At SAS, we are deeply committed to the well-being and dignity of our residents. Although they contribute a fee for their stay, it falls short of covering the total cost of all their needs. A crucial part of their daily care is the provision of diapers - a necessity for 95% of our residents.

SAS' monthly diaper expenses amounts to \$22,000. As prices continue to rise, we face an increasing challenge in meeting this vital need.

# thank you

- ACES Care Limited
- Act of Kindness Ltd
- Agency for Integrated Care (AIC)
- Asian Medical Foundation
- Betty's Fabulous Volunteer Club
- Brighton Community Church
- Buddhist Life Mission
- Chong Hua Tong Tou Teck Hwee
- Community Foundation of Singapore
- Direct Funeral Services
- Dharma Drum Singapore (DDS)
- EmberAce from Anglo Chinese School (Independent)
- En-Naeem Mosque
- Helping Joy Limited
- Hong Lai Sze Temple
- Irene & Albert
- Jane Tan & Friends
- Keppel Club
- Kung Mern Sern Tau Yen
- Lions Club Singapore Cherish
- Nan Hua Primary School Alumni Association
- National Council of Social Services (NCSS)
- Paya Lebar Chinese Methodist Church
- Paya Lebar Methodist Girls' Secondary School (PLMGSS)
- Paya Lebar Zone 7 RC & SAC
- PCF Sparkletots @ Sengkang
- Poco Production
- River Valley High School
- Rotary Club of Singapore (RCS)
- Rotary Club of Singapore West (RCSW)
- Saw Hoon's Nagomi Art Class
- Singapore Island Country Club
- Singapore Pools
- SPH Foundation Limited
- St Anne's Church
- St John's Brigade
- Tan Chin Tuan Foundation
- The Esplanade Co Ltd
- The Teng Company
- TTSH Project Care
- The Young Hearts by EZ4U
- Tote Board
- Woh Hup Pte Ltd
- Youth Corps Singapore
- 心仪合唱团 Care & Share

# CONNECT WITH US

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